

More than 35 years ago, Peggy Webb Patterson, 1947, Alumnae Assistant, was looking for a way to encourage alumnae to return to the RPCS campus. Under her leadership, RPCS began to offer programs for alumnae to attend. The goal was, and continues to be, to foster a lifelong love of learning. Today, External Programs at Roland Park Country School have grown and expanded to include and welcome the entire RPCS and greater Baltimore communities. Over 100 *Kaleidoscope* Programs with more than 1,000 participants are held each semester in the fall, spring and summer. Join us!



BEST Self-Improvement Classes

You've always wanted to learn how to tap dance, swim like the pros, or speak Arabic. So what are you waiting for? Enroll in one of hundreds of continuing education classes offered through the *Kaleidoscope* Program, Roland Park Country School, 5204 Roland Avenue, 410-357-3590. *Kaleidoscope's* impressively well-credentialed pedagogues include renowned historian Joseph Balkodi, who teaches a class on Annapolis and the Battle of Baltimore, *The Baltimore Sun* and writer Ted Baumman, who teaches "How to Write Your Own Dictionary," and a parent-child cooking class with award-winning chef Nancy Lopez of Thepoint.

Welcome to *Kaleidoscope* Spring 2012!

Anyone who stops learning is old, whether at twenty or eighty. Anyone who keeps learning stays young. The greatest thing in life is to keep your mind young.

~ Henry Ford



A warm welcome to our friends, both old and new. If you are just joining us, *Kaleidoscope* Lifelong Learning at Roland Park Country School is an opportunity to explore, to learn, and to pursue your interests. A wide array of program topics are here for you to enjoy and help enrich your life. I frequently hear from our friends who tell me they “dog ear” all their choices each semester, and before they know it, the entire catalog is “dog eared!”

Our evening instructors are selected for their passion and depth of knowledge in their chosen subject area. We want every experience in *Kaleidoscope* to be one where you feel you’ve gotten “value” from your time.

Roland Park Country School’s commitment to lifelong learning is reflected in *Kaleidoscope*. Life is an exciting adventure, and *Kaleidoscope* is your roadmap, providing unique and exciting initiatives as you travel down the road. What interests you? What do you want to learn more about?

We appreciate when you share *Kaleidoscope* with your friends, and hope to see you often in the coming season.

Best regards,

Judy Comotto

Director of External Programs

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Head of School:

Jean Waller Brune

Director of Marketing & Communication:

Nancy Mugele

Director of External Programs:

Judy Comotto

Assistant Director of External Programs: Christy Beers Carey, 1989

***Kaleidoscope* Advisory Board:** Priscilla Long Beirne, 1947, Leigh Bolton, Ann Posey Cherry, 1958, Rosanna Best Corbin, 1994, Ann Davis, Ann Schlott Hillers, 1981, Kathy Hudson, 1967, Judith Brigstocke Hundertmark, 1950, Peggy Waxter Maher, 1951, Courtney Jones McKeldin, 1958, Katrina McPherson, Meredith Millsbaugh, Libby Murphy, Honorary Alumna, Peggy Webb Patterson, 1947, Diane Shapiro, Steven Shramko, Michelle Sun Smith, 1989, Ann Wittich Warfield, 1948, Rhona Wendler, Louise White, 1955, Margot Bond Wittich, 1958, Dickie Wyskiel

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SPECIAL INTEREST

THE ANNE HEALY CHAIR OF ENGLISH LANGUAGE AND LITERATURE LECTURE:

Jacqueline Woodson

One Session

No fee

Wednesday, March 28

7:30 pm

Admission is free; reservations are required to ensure ample seating.

I used to say I'd be a teacher or a lawyer or a hairdresser when I grew up but even as I said these things, I knew what made me happiest was writing.

- Jacqueline Woodson



Jacqueline Woodson

Jacqueline Woodson is the author of 24 books for young children and young adults. She is a three-time Newbery Honor winner, a two-time National Book Award Finalist, winner of a Coretta Scott King Award and three Coretta Scott King Honors, and the recipient of the

Margaret A. Edwards

Award for her contributions to young adult literature. Her many award-winning novels include *Locomotion*, *Peace*, *After Tupac and D Foster*, *Feathers*, and *Miracle's Boys*. She lives with her family in Brooklyn, New York. Visit her website at www.jacquelinewoodson.com.

About the Anne Healy Lecture

The Anne Healy Chair of English Language and Literature is the endowed Faculty Chair created to honor Anne Healy, Headmistress of Roland Park Country School from 1950 to 1975. The recipients of the Chair are experienced members of the School faculty who demonstrate a love of the discipline of English, exemplary teaching skills, and a deep concern for the students as individuals. The Chair is awarded annually by the Head of School after consultation with the Board of Trustees. Each year a visiting author or authors gives the Anne Healy Lecture.

BODINE'S CITY: The Photography of

A. Aubrey Bodine

One Session

\$35

Wednesday, May 16

7:00 - 8:30 pm

Jennifer B. Bodine

A seasoned feature photographer of the *Baltimore Sunday Sun*, A. Aubrey Bodine's work is showcased in this beautiful display of 154 black and white images shot within a four-mile radius of where he lived and worked. These powerful images are exclusively Baltimore and yet this is not a Baltimore picture book. These photos go beyond the geographical bounds of Baltimore with Bodine's wildly varied subject matter that demonstrates the versatility of Bodine as an artist. He photographed people, animals, buildings, harsh weather conditions, textures, geometric patterns, cityscapes, devoting his life to elevating photography into an art form. A number of photographs featured in this book were shot on one of Bodine's many casual walks around his neighborhood, taking photographs of whatever struck his fancy. Bodine was famous for his dark room magic, making any changes to any photographs in the darkroom and done by hand. He was called a pictorialist; however, he was much more than that one defining label.

NOTE: Books will be available for purchase this evening.



RPCS alumna, Jennifer B. Bodine, 1966 is A.

Aubrey Bodine's only child and is the custodian of his work and legacy. Most of her time is spend cataloguing Bodine's massive collection of images. She has published one previous book,

Bodine's Chesapeake Bay Country.

UNDERSTANDING THE TEENAGE BRAIN

One Session

\$30

Thursday, April 19

6:00 - 7:30 pm

Louise Phipps Senft

Did you know there are neurological aspects to explaining teenage behavior? What are they thinking? Who is to blame? What can parents do to discipline and guide them, or to explain that what they are doing is unacceptable and has consequences? How can you, as a parent, make

yourself understood? And why what you are doing doesn't seem to work.

Come learn about the why's related to the intensity of emotions, impulsiveness and lack of good decisions. Learn what parents can do to better inform yourself about realistic expectations of the cognitive teenage brain.

We know how it feels to be a teenager: to want to go out, play games, meet girls/boys, punch a wall, tell a lie, skip class, go to a party. Our parents taught us well, but we can't seem to be able to do the same with our own teenage children. This class will provide answers to your questions and provide you with tips on how to improve your relationship and interactions with your teenage child. Learn to better understand the teenage brain in order to understand teenage behavior. The ultimate goal: to assist parents to become more understanding and effective and to provide specific tips on how to handle difficult daily interactions and reach meaningful, informed decisions that will positively shift the conflict interaction toward a more transformational experience, where both parents and children feel more confident in themselves and in each other.



Louise Phipps Senft, Esq. was recently named spirited Woman of Baltimore for 2011 and one of Maryland's Top 100 Women for three years in the past decade by The Daily Record and Baltimore's Best Mediator by Baltimore Magazine. Founder, CEO and lead trainer of Baltimore Mediation, Louise is the former President of the Maryland Council on Dispute Resolution and a Board Member of the Maryland Court of Appeals Alternative Dispute Resolution Commission, Maryland Mediation and Conflict Resolution Office (MACRO.) She serves on boards of international non-profits Mediators Beyond Borders and Convergence. Currently, she is an adjunct professor teaching Mediation and Alternative Dispute Resolution at University of Maryland School of Law and is a former faculty member at the Harvard Law School Program on Negotiation Insight Initiative, 2007. Since 1993 when she created the first mediation firm in Maryland, she has mediated over 4,000 cases and has trained hundreds of people in the transformative approach. Her work relies not just on the transformative mediation philosophy, but draws on the works of clinical social workers, psychologists and neuroscientists.

ENVIRONMENTAL SUSTAINABILITY

GLOBAL WARMING: WHAT TO BELIEVE?

One Session

\$20

Monday, April 23

7:30 - 9:00 pm

Stephen McDaniel

With all the controversy about global warming, what can we rely on for our own decision-making? Should we buy that house on the beach, or will rising ocean levels wash it out to sea? Should we plant oranges and palm trees in the backyard or get ready for the next Ice Age?

Hardly a day goes by that we don't hear another politician or talk-show host saying the global warming hoopla is just a theory or even an outright hoax. Is it really junk science? If it's not, should we do something to stop it from happening?

Steve McDaniel will help us make sense out of all the charges flying back and forth. He's not a climate scientist, but he is a nature photographer, gardener, and Master Beekeeper, and he has degrees in chemistry and biology, so he is qualified to evaluate the science. He will draw on his observations, experiences, and study of the controversy to help you to make up your own mind about it. He also interacts with climate scientists, and he will tell us what they say about the issue. This program is one you won't want to miss, we expect there be a lively exchange!



Stephen McDaniel holds an A.B. in chemistry and biology from Harvard University and is a former teacher of chemistry, biology, and physics. A professional nature photographer and beekeeper for over 30 years, his experiences bring this subject down to earth and makes it easily understandable.

SPRINGTIME MAJESTY

One Session

\$15

Saturday, April 21

2:00 - 5:00 pm

The instructor is generously donating his fee for this program to RPCS.

Bryan MacKay

Join naturalist Bryan MacKay for a vernal walk in search of native springtime wildflowers. These short-lived floral jewels are the highlight of any April stroll through the just-greening forest. We'll walk for about two miles on a flat

but uneven and muddy trail through the Big Gunpowder Falls. This trail has a very diverse collection of wildflowers set in a beautiful mature forest and river valley.

NOTE: We will meet at the Park and Ride lot adjacent to the Timber Creek Tavern where Belair Road (Route 1) crosses the Big Gunpowder Falls. Directions will be sent upon registration. Wear sturdy shoes and dress appropriately for the weather. You are welcome to bring a camera, field guide, binoculars, water and a snack, but none of these are necessary.



Bryan MacKay is a senior lecturer in the Department of Biological Sciences at UMBC, and the author of two popular guidebooks, Hiking, Cycling and Canoeing in Maryland: A Family Guide and Baltimore Trails.

VOICES OF WATER

Four Sessions \$150
 Wednesday, May 9, 16, 23, 30
 6:00 – 8:00 pm

Jay Satish Indus, Ph.D.

Can you hear the haunting echoes from the pale blue planet? Can you hear the voice of water, the essence of life? This program will explore one of the defining crises of the 21st century: the world water crisis. Is this crisis in perception, science fiction or environmentalist jargon? Is the world really running out of one of its most precious resources? This multimedia presentation will capture points of view on this ecological crisis – pollution, privatization, politics, human rights, nature’s rights, and the emerging new global order, the world water cartel. Water – should we divert it, mine it, bottle it, sell it, own it? The United Nations has proclaimed 2005-2015 as the international decade of action/ water for life. For the love of water, join the flow, the movement to preserve nature’s heritage.



Jay Satish Indus, Ph.D. is an educator, teacher, writer and research scholar without borders. She has served for nearly three decades as a life scientist in prominent institutions such as

Indian Institute of Science, Yale University School of Medicine and University of Maryland School of Medicine. She has also been teaching at Johns Hopkins University Center for Liberal Arts.

WILD AND NEAT

Two Sessions \$35
 Monday, April 23 and 30
 6:30 – 8:00 pm

Vincent Vizachero and Claudia West

A landscape composed of native plants is a superior choice for wildlife and for the health of the Chesapeake Bay. With one eye on design principles based on natural plant communities and the other on a palette of beautifully chosen Baltimore-area native plants, you can make your yard into both a haven for wildlife and an impressive “curb appeal” upgrade.



Vincent Vizachero is a native plant advocate and consultant in Baltimore. His focus is on environmental education, social media management for environmental non-profits and grant-writing. Vincent studied economics at the College of William & Mary in Virginia and finance at the University of Chicago Booth School of Business. Claudia West, MLA, is the ecological sales representative for North Creek Nurseries. She has an extensive background in horticulture, ecology and environmental restoration



and holds a Masters’ of Landscape Architecture from the Technical University of Munich, Germany. She previously served as a design consultant for Wolfgang Oehme/Carol Oppenheimer: Landscape Architecture.

BOOK TALKS

DISHING UP MARYLAND: 150 Recipes from the Alleghenies to the Chesapeake Bay

One Session \$20
 Wednesday, April 25
 6:30 – 8:00 pm

Lucie L. Snodgrass

Join us for a special evening with this engaging author and learn about the many flavors and farmers of Maryland. From corn fritters and crab cakes to the delectable, ten-layer Smith Island Cake, this beautifully written and photographed cookbook has something for everyone.

Hear some of the stories behind the book and understand the importance of cooking seasonally and buying locally. Discover some

of Maryland's unusual culinary offerings, including artisanal vinegars, bison meat and maple syrup, and find out who makes the state's best ice cream and the chefs who source the most local ingredients.

Equal parts food and fun facts, you won't want to miss this talk.

NOTE: Books will be available for purchase this evening.

Lucie L. Snodgrass is an award-winning author whose food writing has appeared in The Washington Post, the Baltimore Sun, and Vegetarian Times, where she was a regular columnist and contributing editor. She lives, writes and cooks on her farm in northeastern Maryland.

MISS ETTA AND DR. CLARIBEL: Bringing Matisse To America

Talk and Drawing Session

One Session with Field Trip

\$50

Tuesday, April 24

7:00 – 8:30 pm

Field trip to BMA: Friday, April 27

2:00 – 4:00 pm

Susan Fillion

The Cone Collection, a world-famous gathering of modern art – featuring the work of Henri



Matisse – is the centerpiece of The Baltimore Museum of Art. This new book, written and illustrated by the author, tells the wonderful story of these two sisters, and more. Matisse,

Picasso, Renaissance Italy, modern art in Paris, multi-cultural influences on artists in the early years of the twentieth century all are discussed here. The book is intended for general readers and for anyone interested in art. This is a great way to learn more about our local treasure.

As part of the field trip, the author will offer an informal drawing session and discussion in the Cone Collection at The BMA. No drawing or museum experience necessary.

NOTE: Please bring a sketchbook or notebook of any sort. Books will be available for purchase on the on-campus evening.



Susan Fillion is an artist and museum educator who grew up and lives in Baltimore. She has worked as a book designer at The Johns Hopkins University Press, The Yale Press and has taught art classes in several schools in Baltimore and at The Baltimore Museum of Art where she is a docent. This is her first book.

A FIELD GUIDE TO COASTAL FISHES

From Maine to Texas

One Session

\$20

Thursday, April 26

7:00 – 8:30 pm

The author is generously donating her fee for this program to RPCS.

Val Kells

Fish comprise the most diverse group of vertebrates on Earth. While they outnumber all other vertebrates, many are in peril, and identifying them has become an important step toward their conservation. This field guide is the first of its kind and took over five years to complete. With over 1,000 meticulous watercolor illustrations and accompanying descriptions it has become an invaluable tool for scientists, students, divers, fishermen and naturalists alike. Author/illustrator Val Kells will present the book, explain how it grew from concept to reality, and share the many challenges and triumphs she had along the way.

NOTE: Books will be available for purchase this evening.



Val Kells is a well known Marine Science Illustrator with over 25 years of experience. She has worked with educators, curators, writers, designers and publishers to create hundreds of illustrations for display and publication. Her work has been exhibited at the North Carolina Aquariums, Aquarium of the Pacific, South Carolina Aquarium and Monterey Bay aquarium, among others. She has also contributed artwork for over 20 books and periodicals.

**GREAT BOOKS: *The Pickwick Papers*,
*Great Expectations***

Eight Sessions

\$185

Tuesday, March 27, April 3, 10, 17, 24, May 1, 8, 15
7:30 – 9:00 pm

Judy Pittenger

This term in Great Books we will celebrate the genius of Charles Dickens on the 200th anniversary of his birth. An author of extraordinary energy and vision, Dickens was the literary phenomenon of early Victorian England and his novels and unforgettable characters have delighted readers across the world for almost two centuries. Over the course of his long career Dickens brought much of English life under his pen; at the same time his consideration of the human comedy is universal in its vision. In an effort to examine the scope of Dickens' genius, we will read one work from his early career and one from his mature years. We begin with *The Pickwick Papers* in which Dickens' mood is rambunctious, boisterous, and almost entirely humorous. He presents a series of loosely related adventures of a cast of delightful characters, including the portly gentleman Samuel Pickwick and his irrepressible valet Sam Weller, an English Quixote and Panza partnership. With other members of the Pickwick Club, they travel across the English countryside, falling into one adventure after another. We will read a series of these adventures before proceeding to a much darker and more complex text, *Great Expectations*, one of the great masterpieces of Dickens' maturity. Here the comic edge of the author is dulled by his exploration of the social issues of mid-19th century England: class structure, prejudice, poverty, crime, and punishment. Pip, a poor country orphan, experiences a change of fortune—an advance of great expectations—which allows him to rise far above his station. His moral education, however, lags well behind his social advancement, and only gradually does he learn what it really means to be a gentleman. Our reading of this great bildungsroman will coordinate with a new BBC production of the novel, which has always been one of Dickens' favorite works.

NOTE: Please purchase *The Pickwick Papers*, Oxford World Classic Edition, ISBN-13: 978-0199536245. And *Great Expectations*, Penguin Classic Edition, ISBN: 978-0141439563. Please read for the first class *The Pickwick Papers*, pp. 1-99.

See Instructor next column.

GREAT BOOKS IN THE AFTERNOON***David Copperfield***

Eight Sessions

\$185

Monday, March 26, April 2, 9, 16, 23, 30, May 7, 14
4:30 – 6:00 pm

Judy Pittenger

In honor of the 200th anniversary of the birth of Charles Dickens, we will read his most autobiographical novel, *David Copperfield*. It is at once the “favorite child” of Dickens' imaginative genius and an ingenious novelistic interweaving of fiction and the author's own life story. *David Copperfield* is a bildungsroman, which traces the life and education of David from his idyllic childhood, through the trauma and adventures of boarding school and employment in industrial London, to his youthful marriage and developing career as a writer and the eventual education of his “undisciplined heart.” The stage is peopled with some of Dickens' most delightful and beloved creations: the grandiloquent and irrepressible Mr. Micawber, the odious villain Uriah Heep, the Byronic hero Steerforth, the ever-faithful Peggotty and the mysterious, eccentric fairy-godmother Aunt Betsey, the terrifying and cruel Murdstones, the child bride Dora and the angelic Agnes. Characteristically, Dickens uses the novel as a medium to consider important issues of mid-Victorian life: education and treatment of children, industrialization and labor exploitation, the position of women in society, the nature of marriage and the family. The novel is as comic fairytale, a vehicle of social criticism, and a psychological portrait of the author's own complex genius. We will consider it in all its dimensions.

NOTE: Please purchase the Penguin edition of *David Copperfield* (ISBN 0-14-043944-7) and read Chapters 1 – 3 for the first class.



With degrees from Stanford University, Judy Pittenger taught history and literature at RPCS for 22 years. In 1991, she was named by the National Endowment for the Humanities as the Teacher-Scholar of Maryland. She has been teaching literature to adults in Kaleidoscope since 2002 and has also taught for the Iliad Program and Oxford University, England.

MATH FOR GROWNUPS

One Session

\$20

Monday, April 9

7:00 - 8:30 pm

Laura Laing

We've all been there: staring at two different brands of salad dressing, wondering which is the best deal. Confounded by how much paint to buy, to cover a number of square feet of walls? No matter your age, this book can help, if you are just a little rusty. The author will explore myths about math ability and teach ways you can tackle math in your everyday life.

NOTE: Books will be available for purchase this evening.



Laura Laing's book Math for Grownups was published in June 2011 by Adams Media. Her writing has appeared in Parade, Parents, Baltimore Jewish Times and City Paper.

CULTURAL ARTS**BALTIMORE'S HISTORIC HOUSES OF WORSHIP**

Five Sessions

\$100

Thursday, May 3, 10, 17, 24, 31

7:30 - 9:00 pm

Wayne Schaumburg

Whether they are as simple as the Oldtown Quaker Meeting House or ornate as the Basilica of the Assumption, Baltimore is a city with remarkable religious landmarks. From Baltimore's beginning, churches such as Old St. Paul's, Zion, Lovely Lane and Otterbein along with synagogues such as Lloyd Street, have played a major role in our city's history as well as the religious history of our nation. Through a series of five illustrated lecture/discussions, the course will introduce students to the enormous variety of religious landmarks in Baltimore by looking at their history and architecture. These landmarks encompass all the major religions to reveal a rich tapestry of our city's culture and traditions.

We'll begin with a virtual look at six Baltimore churches which were founded in the 18th Century and are still in operation today. Other topics include Baltimore's cathedrals, synagogues, African American churches and the influence of immigration on our city's religious landmarks.



Wayne Schaumburg is a native Baltimorean who received his B.S. from Towson University, his M.S. from Morgan State University and his M.L.A.

from Johns Hopkins University. He taught social studies in the Baltimore City public school system for 39 years, and retired in June 2007. He has been leading tours of Baltimore for many years. He is currently vice president of the Irish Railroad Workers Museum and serves on the Boards of the Baltimore City Historical Society, Baltimore Heritage Society and Friends of the Perry Hall Mansion.

BERNSTEIN ON BROADWAY

Three Sessions

\$60

Tuesday, May 8, 15, 22

7:00 - 8:30 pm

Ernest Liotti

Leonard Bernstein's success as a composer ranged from Broadway to the world's greatest concert halls. Come marvel at his compositional versatility in some of his most profound compositions: *Candide*, *West Side Story*, *On the Town* and *Trouble in Tahiti*. You will have the opportunity for listening, discussion and critique.



Ernest Liotti is on the faculty of the Peabody Conservatory of Music where he teaches a variety of opera related classes. Mr. Liotti is also on the faculty of Peabody's Roadscholar

Program (formerly Elderhostel) where he lectures on numerous subjects in music, film, theater and art. In demand as a lecturer, Mr. Liotti has traveled throughout Europe and the United States for the alumni chapter of the Johns Hopkins University. He is also on the faculty of Loyola University Maryland.

CHOSEN FOOD: Cuisine, Culture and American Jewish Identity

One Session with Field Trip

Wednesday, March 7

\$55

6:30 – 8:00 pm

Field trip (and lunch): Friday, March 9

9:30 am – 1:30 pm

Karen Falk and Esther Weiner

Mention “Jewish food” and we all smile, knowingly. For many, the phrase summons thoughts of home and tradition. But food is also the topic of frequent disputes among Jews. Clearly, Jewish food is about more than matzoh balls.

This program and field trip to the Jewish Museum of Maryland examines the diversity of Jewish eating and uncovers the messages in our meals. It shows how the foods we choose to eat speaks volumes about who we are.

Our on-campus program will include a cooking demonstration and tasting of some of the food we will discuss. After our visit to the Museum on Friday, we will stop for lunch (included in your day) and camaraderie at a local Jewish deli!

NOTE: Travel time is one half hour. Our school bus will depart from the Melrose Avenue Parking Lot, 5603 N. Charles Street. Estimated return arrival time is dependent upon traffic. Walking, please wear comfortable shoes.



Karen Falk, curator, earned an M.A. in Anthropology and Museum Studies from the University of Denver, and a B.A. with honors from Bryn Mawr

College. Since 1982, she has been responsible for developing more than 85 exhibitions as Museum Coordinator of the Mizel Museum of Judaica in Denver; Art Gallery Director at the Goldman Art Gallery of the Jewish Community Center of Greater Washington; and Gallery Manager at the



Moriah Gallery in Bethesda. Esther Weiner, daughter of an orthodox rabbi was born in Raleigh, N.C. Her parents, both of whom came from

Czechoslovakia, raised four girls and two boys in an exuberant and bustling home filled with activities from congregational meetings to dinners prepared on short notice for unexpected guests. Esther is manager of the Museum Shop and assists in office administrative duties, and is on the JMM speakers bureau.

AN EYE ON GREECE

One Session

\$20

Wednesday, March 7

7:00 – 8:00 pm

John Butler



Don your blue and white! Here is your golden opportunity to “travel” to picturesque Greece without a need to pack! Join us for a striking photographic visual tour of this beautiful country where the scenery is postcard-quality, everywhere you go.

Intriguing ancient archaeological sites and cultural traditions, charming, carefree resort islands with whitewashed buildings, the gorgeous deep blue waters of the Aegean and Mediterranean seas, are all part of this presentation.

You will delight in the exotic beauty of the most popular tourist-friendly Greek Islands – Patmos, Delos, Rhodes, Crete, Mykonos and Santorini. We “visit” these gorgeous islands via a small Greek cruise ship.

Our virtual tour includes mainland Greece to visit several ancient cities, including Olympia (where the ancient Olympic games were created,) and Delphi where you will see the remains of the Temple of Apollo and where the Oracle was spoken. We will see the Corinth Canals to the towns of Kalambaka and Meteora where 16th Century monks build monasteries on top of huge rock formations. Finally, we’ll see Athens, a city where many of the buildings date to 300 B.C. Here we will see the hilltop Acropolis, the Parthenon, the new Athens Museum and other historic sites.

John Butler, an accomplished photographer and world traveler retired from Black & Decker Corporation after 33 years service in sales and marketing management. During his career, he was the “go to” person to plan and execute a wide variety of business communication projects. He graduated from Virginia Commonwealth University with a B.S. in advertising/public relations.

EXPLORING HISTORY THROUGH ART

Four Sessions

\$100

Monday, April 2, 9, 16, 23

7:00 – 8:30 pm

Marsha Golob

What can the art of the Medieval Period and the Renaissance teach us about the cultural achievements, religion, economics and politics of these periods?

This program will explore human history through the astonishing artistic legacy of the Middle Ages and Renaissance. The awe-inspiring masterpieces have left the world enhanced in profound ways. The art speaks to us as messengers from other millennia to intrigue, instruct and expand our world view. We will study the virtuosity of Botticelli, Leonardo deVinci, Michelangelo, Raphael and others.

Topics include events that changed history: feudalism, religious pilgrimages and the crusades; the emerging middle class, the Protestant Reformation, and the humanistic revival of classical influence. We will study the power brokers of the time: Constantine, Mohammed, Charlemagne, the Papacy and the Medici's. Our dynamic inquiry will discuss the politics and religion influencing the art, and the fallacy of the Medieval Period being labeled as the Dark Ages.



Marsha Golob is a docent at the Walters Art Museum since 1999, giving tours and talks on topics of art history that span five millennia. She is also an

adjunct professor in art history at the Community College of Baltimore County and has a B.A. from University of Maryland and Masters' from Johns Hopkins University and Towson University.

KADO: Japan's Way with Flowers

One Session

\$50

Thursday, May 17

6:30 – 8:00 pm

Robert Mintz

Flowers play a key role in Japanese culture and society. The earliest Japanese references to flowers and to their arrangement as a cultural practice date back to the 7th Century. Originally compiled for presentation on Buddhist altars, flowers and the symbolic potential of their arrangement, grew over many centuries to become one of Japan's most recognizable cultural practices, the art of Ikebana. Emerging from the practice of offering flowers in the context of religious ritual, arranged flowers offered to secular audiences transformed flower arrangements into potent, culturally symbolic forms. These symbols live on today in the diverse range of ikebana styles studied and taught throughout Japan and across the globe. This program will examine Japanese traditions of flower symbolism and flower arrangement by sketching a developmental historical framework to support the rich tapestry of Japanese flower imagery we encounter today.



Robert Mintz, Ph.D. University of Washington, is the Mr. and Mrs. Thomas Quincy Scott Curator of Asian Art at the Walters Art Museum in Baltimore, Maryland. He joined the

Walters in 2006 and has mounted shows exploring points of intersection between Eastern and Western art (Recurrence, 2007), 18th century Japanese painting (Autumn Colors, 2008), contemporary Indian painting (Desire. Destruction. Transcendence., 2009), Japanese decorative arts (Japanese Cloisonné Enamels, 2010) and the production of William Walters 1897 catalog of his Asian porcelain collection (Realistic Perfection: the Making of Oriental Ceramic Art, 2011). In addition to serving in his curatorial position, he currently teaches for Towson University and the Johns Hopkins University.

LET'S VISIT THE WONDERFUL BIG BAND ERA!

One Session \$15

Wednesday, May 9

6:30 - 8:00 pm

Ken Jackson

Our very special evening takes us to the Big Band era – the 1930s and 1940s – with great music, discussions and selected recordings. Listen to the timeless tunes and talk about what made them great. What a special era in our Country's musical history!



Ken Jackson began his long broadcasting career in 1958 after graduating from Emerson College in Boston where he majored in English and history. His name has been associated with radio in

Baltimore since 1962. For 25 years he produced numerous big band dance events which featured, in addition to the world-famous Glen Miller Orchestra, bands led by Les Brown, Artie Shaw, Harry James, and Charlie Spivak. Currently, Ken hosts a weekly Big Band Program on WYPR 88.1, In the Mood.

RMS TITANIC: 100th Anniversary and The Baltimore Connection

One Session \$30

Monday, April 16

7:00 - 8:30 pm

Fred Rasmussen



Come join Baltimore historian Fred Rasmussen and learn about Baltimore's relationship to the lost passenger liner RMS Titanic which tragically sank into chilly Atlantic waters, 100 years ago this week, with the loss of 1,517 souls, making this one of the deadliest peacetime maritime disasters in history. After setting sail on her maiden voyage from Southampton on April 10, the Titanic hit an iceberg four days into the crossing at 11:40 pm on April 14, 1912 and sank at 2:20 am the following morning. Hear what Fred has to say about the mysterious Titanic House on St. Paul Street and the Baltimore connections to this enduring piece of history.

See Instructor bio on page 28.

MILITARY HISTORY

OLD LINE: A History of Maryland Soldiers, 1634 -2012

Three Sessions with Field Trip \$70

Tuesday, April 10, 17, 24

Field Trip: May 1

7:00 - 9:00 pm

Joseph Balkoski

They saved George Washington's Continental Army at Long Island in 1776. In 1814 they prevented a marauding British army from sacking Baltimore. They fought each other at Front Royal in 1862 and helped to pacify an enraged citizenry during the great railroad strike of 1877. In the twentieth century, they played pivotal roles in two of the greatest military operations in American history: the Meuse-Argonne offensive in 1918 and the D-Day invasion of Normandy in 1944. In recent times, members of the Maryland National Guard have responded loyally to crises both at home and abroad. In this program, historian Joseph Balkoski will discuss Maryland's remarkable military legacy, from the founding of the colony in 1634 to the present. You will learn of the different challenges faced by each generation of Maryland citizen-soldiers and the responses to those challenges. Washington affectionately categorized the Marylanders as the "Old Line," and from Long Island to North Point to Omaha Beach, we will examine how they have impacted American history.

NOTE: The May 1 class will meet at the Fifth Regiment Armory, for a tour through the Maryland Museum of Military History. Directions will be provided upon registration. Registration is limited to 20 guests.



Joseph Balkoski is a U.S. Army historian currently attached to the Maryland National Guard. He specializes in the history of

D-Day and the Normandy campaign and has written several books on the subject. He resided in Normandy during 2001 to study the D-Day invasion sites and he has conducted several "battlefield staff rides" for current U.S. Army soldiers as part of their military training.

GETTYSBURG, JULY 1863**One Session with Two-Day****Weekend Field Trip****\$290****Wednesday, April 11****7:00 – 9:00 pm****Field Trip: Saturday and Sunday, April 14 and 15***Joseph Balkoski and Bob Mullauer**Lincoln at Gettysburg*

In early July 1863, the fate of a divided nation hung in the balance as Union and Rebel armies met in a terrible three-day struggle in the fields surrounding the quaint village of Gettysburg, Pennsylvania. The American Civil War had been raging for more than two years, and the antagonists were no closer to peace than they had been when the war erupted in April 1861. For the first time, however, the Rebels had brought the war north of the Mason-Dixon Line, and the Confederate commander, Robert E. Lee, presumed that a decisive victory on Northern soil could gain independence for the South. In response to the crisis, the Union commander, George G. Meade, issued a somber directive to his men: “The enemy are on our soil. Commanders are authorized to order the instant death of any soldier who fails in his duty this hour.”

When the battle ended more than 40,000 Americans lay dead and wounded in the rolling Pennsylvania pastures, and the Rebel army was in full retreat. Four months later President Lincoln would arrive in Gettysburg to strive to give meaning to a grieving nation. In his legendary Gettysburg Address, he declared, “It is for us the living to be dedicated here to the unfinished work which they who fought here have thus far so nobly advanced... That this nation, under God, shall have a new birth of freedom, and that government of the people, by the people, for the people, shall not perish from the earth.”

Please join us for this special two-day weekend tour of the Gettysburg battlefields. The tour will be preceded by an evening class that will provide background for that dramatic struggle that changed America forever. It will introduce the key Union and Confederate leaders and describe the movement of the armies prior to their arrival at Gettysburg. Over the weekend, we will study the Gettysburg battlefield in detail, disembarking from the bus to walk the ground near such historic sites as the Lutheran Seminary, Little Round Top, Devil’s Den, and the hallowed fields of Pickett’s Charge. Joe will provide the northern perspective while Bob will speak for the south. Please join us to learn of one of the most pivotal periods in American history. At each stop, we will tour the battlefield on foot

NOTE: Our RPCS minicoach will depart Saturday, April 14 at 8:00 am from RPCS Parking Lot. Return Sunday, April 15 at approximately 6:00 pm. Limited to 20 guests. Please wear comfortable shoes, as walking will occasionally be vigorous. The tour will take place rain or shine.

Included: Transportation, one night hotel accommodation, box lunch for Saturday, dinner on Saturday evening at a popular Gettysburg bistro, *The Blue Parrot*. *Not included:* All meals on Sunday, alcohol, optional activities, items of a personal nature, gratuities.

CREATIVE PURSUITS

AFFORDABLE DECORATING FOR GRACE, HARMONY AND CHARM

One Session**\$45****Wednesday, April 11****6:00 – 8:00 pm***Hope Karan Gerecht*

Go on a different type of journey involving your home. One that includes illustrating basic design principles such as form, texture, lighting, color and sale – then add in wonder, whimsy and 5,000 years of Asian philosophy! We will ask you to provide your birth date in advance and the instructor will include a personalized form with your best colors and favored directions for furniture arranging. Bringing her love of Feng Shui together with her devoured hours of HGTV, Hope is offering a slide presentation to help you refresh any room in very affordable ways.

NOTE: Provide with registration your birth date and your gender, and Hope will prepare a personalized color and direction evaluation for you, in advance of the program.



Hope Karen Gerecht completed her associate program in interior design at Catonsville Community College. In a course-changing moment in 1984, she discovered Feng Shui and then studied with four Feng Shui masters over the next ten years. Hope's first book, Healing Design: Practical Feng Shui for Healthy and Gracious Living sold out two printings. She is currently at work on her second book. She consults internationally and teaches apprentices locally.

CLAY WORKSHOP

Six Sessions **\$280**
 Monday, April 2, 9, 16, 23, 30, May 7
 Materials Fee: \$35

6:00 - 8:00 pm
 Toby Rivkin

No experience necessary – learn the basics of hand building and/or working on the potters' wheel. In these six classes, you will make pieces out of clay, learn how to fire, how to glaze and how to make a glaze. This course allows you to choose which aspect of working with clay is of the most interest to you – and provides the opportunity to pursue that avenue.

NOTE: Materials fee is payable to Instructor on the first evening of class.



Toby Rivkin teaches ceramics and French in the RPCS Upper School. She has studied clay with Cynthia Bringle, Pete Pinnell and Bill Daby and is a current member of the Baltimore Potter's Guild.

COMBINING BEADS AND METAL

One Session **\$40**
 Materials fee: \$25

Sunday, April 29
 3:00 - 5:00 pm
 Chrissy Gemmill



In this two-hour program, you will learn classic wire wrapping techniques and design your own piece of jewelry. Demo includes wire wrapping used in beaded links and bead drops. You will make a necklace, bracelet or both, if you choose. You will select your own kit from a variety of gemstone, pearl, crystals and findings.

NOTE: Materials fee is payable to Instructor on the day of class.

See instructor bio below.

STORYBOOK PENDANT

One Session **\$40**
 Materials fee: \$25

Sunday, March 18
 3:00 - 5:00 pm
 Chrissy Gemmill



Create a personalized one-of-a-kind pendant book using letter and pattern stamps. You will gain jewelry making skills including basic metal stamping, sanding and oxidation techniques. You will observe step-by-step instruction to create your own special jewelry pendant book which might include names of your loved ones or an inspirational message. The design options for metal stamping are limitless. You will select a kit with a variety of sterling silver and copper disc shapes and sizes.

NOTE: Materials fee is payable to Instructor on the day of class.



Chrissy Gemmill is a Maryland-based jewelry designer and instructor. For the past 16 years she has designed and produced hand-crafted sterling and stainless steel jewelry that retails at galleries and boutiques nationwide.

DISCOVER DIGITAL PHOTOGRAPHY

Four Sessions with Field Trip \$175
 Wednesday, April 4, 11, 18, 25
 7:15 – 9:00 pm
 Field Trip: Saturday, April 21
 9:30 am – 12:00 pm

Lewis Katz

Digital technology has dramatically changed how we take pictures. This program will help you understand the fundamentals of photography and how they apply to the digital world. The course includes classroom instruction, discussion, hands on learning and field study. We will discuss shutter speeds, aperture settings (f-stops,) depth of field, white balance, histograms as well as how to properly compose an image. Learn how to fully use the features of your camera to create higher quality images that you will be proud to share with your family and friends.

NOTE: Field trip at Cylburn Arboretum. Directions will be provided upon registration.

See Instructor bio below.

PHOTOGRAPHIC COMPOSITION

Three Sessions with Field Trip \$140
 Wednesday, May 2, 9, 16
 7:15 – 9:00 pm
 Field Trip: Saturday, May 12
 9:30 am – 12:00 pm

Lewis Katz

Are you frustrated with the quality of your images? In this program, you will learn how to move from taking pictures to capturing images. We will explore and discuss the various theories of composition, creating depth and interest, lens choices and learning how to “see.” The program includes classroom instruction, hands on learning in the field and critiquing of images. A good working knowledge of your camera is recommended.

NOTE: Field trip at Cylburn Arboretum. Directions will be provided upon registration.



Lewis Katz is an experienced nature and landscape photographer as well as a photography teacher.

He has taught photography at CCBC, Art Exposure, Inc., and at Baltimore Camera Club. He has exhibited his work at various art shows

BASIC DRAWING SKILLS

Six Sessions \$300
 Thursday, April 5, 12, 19, 26, May 3, 10
 6:30 – 8:30 pm

Joseph Paul Cassar, Ph.D.

This class is for art lovers who wish to experience and learn more about the language of drawing. No previous experience is required except for the willingness and enthusiasm to try things out following simple systematic instructions. This is an opportunity to discover the creativity within you. Learn about the power of line and the different effects it can create; render solid objects in light and shade after studies from observation and discover to render texture, realism and expressive effects. You will use pencils, charcoal, sepia conté, drawing in india ink and soft colored pastels. Draw different objects and themes that interest you and you will receive individual attention throughout the course. Develop your skills at your own pace. Come, relax and learn how to draw as you have fun.

NOTE: A set of drawing pencils from HB to 6 B and a drawing book is all you need. The rest of the materials that you will need will be explained to you during the first session.

See Instructor bio next page.

INTRODUCTION TO LINO PRINTING

Six Sessions \$300
 Tuesday, April 17, 24, May 1, 8, 15, 22
 6:30 – 8:30 pm

Joseph Paul Cassar, Ph.D.

This is a basic course in lino printing, no previous experience in drawing skills or printing is required. The program will include ways of planning an image on linoleum, cutting the block, proofing, printing and color printing. Each stage will be demonstrated in easy to follow steps in class. Experience the fun of cutting a block, making the first proof in one color, produce multiples which can be used as original cards which you can send to friends. Instruction will be provided to help understand the various tools used for cutting and the different effects they produce. No printing machine will be used – each print is by hand. Come and experience the fun and magic of this artistic technique.

NOTE: Very basic tools are required and a list of materials will be provided upon registration.

See Instructor bio next page.

PAINTING IN WATERCOLORS

Six Sessions \$300

Monday, April 2, 9, 16, 23, 30, May 7, 14

6:30 – 8:30 pm

Joseph Paul Cassar, Ph.D.

This class is for art lovers who wish to experience an art studio class focused on watercolors. Whether you are a beginner or have worked in this medium before, this class addresses the needs of everyone. Come and experience what you can achieve with simple tools such as a few soft brushes, a set of colors, and leave the rest to magic of what happens with water on paper. We will work in monochrome to experience the flow of color and blending, do landscapes and object painting in full color, as well as allow time for free expression to simply work with shapes and color to compose an attractive abstract composition. Individual attention will be provided throughout the course and each session has a demonstration lesson.

NOTE: A list of materials will be sent to you upon registration. At the first session, other material needs will be discussed.



Joseph Paul Cassar, Ph.D. is a practicing artist and historian. He studied at the Accademia di Belle Arti, Pietro Vannucci, Perugia, Italy, the Art Academy,

Malta (Europe) and at Charles Sturt University in NSW, Australia. He works in various media and exhibits his work regularly in the U.S. and Europe. Dr. Cassar is the author of several books and monographs on modern and contemporary art of the Mediterranean Island of Malta.

NANTUCKET BASKETS 101, 102 and GUILD

Six Sessions \$125

Materials Fee: \$75

Monday, April 16, 23, 30, May 7, 14, 21

6:00 – 8:30 pm

Bob Moore

Nantucket baskets originated in the early 1800s on a light ship marking the shoals off the island. Small ships were used to replace light houses, and the sailors would weave reed and rattan to pass the time. Early baskets were crude compared to the craftsmanship used today.



Baskets 101 and 102 will leave class with an 8” round Nantucket basket with a handle woven using rattan weaver and reed staves.

Baskets 101 and 102 students will be mentored by the Guild, a group of experienced weavers who meet one night a week to weave baskets, exchange ideas and share weaving experience. You will select baskets to work on, to include round, oval, nest trays and purses, just to name a few. You are encouraged to bring projects and weaving issues to the Guild for assistance. Discussion will be conducted concerning making molds, rims, bases, handles and special tools to make weaving easier.

NOTE: Prerequisite for 102 and Guild – approval of Instructor. Materials fee is payable to Instructor on the first session of class. Guild materials fee is based on project selection.

Bob Moore has been weaving since 1998. He learned the art on Nantucket where he took classes. He has woven over 200 Nantucket baskets, including seven basket nests and purses. Bob also teaches weaving at Maryland Hall for Creative Arts in Annapolis and Kimball Art Center in Park City, Utah. He has entered two juried art shows and been accepted to both. Prior to taking up basket weaving, Bob worked in the military and was owner and engineer of a home inspection company.

BEGINNER AND REFRESHER SEWING

Four Sessions

\$160

Thursday, April 26, May 3, 10, 17

7:00 - 9:00 pm

Janet Walters

This program includes learning how to use your sewing machine and practice of essential hand-sewing stitches. You will create a decorative pillow cover, apron or tote bag. Other areas of instruction include cutting fabric on the straight of grain, finishing seams as well as basic pattern and garment alternations.

NOTE: Supply list provided before class. Students should bring their own sewing machine to each session.



Janet Walters grew up in a family filled with creativity. She exhibits her arts quilts, jewelry and fine art prints in east coast shows and galleries.

Her work was exhibited in the Syracuse University Art Center and she was a featured artist this past fall at McDonogh School. Janet works for a small Johns Hopkins University affiliate and teaches classes at other local area venues.

kaLeidoscope

WELCOME TO OUR TRAVEL SECTION!

Choose from an exciting array of options including
Day Trips, Multi-Day Trips and Trips Abroad.
Come and join the fun!



TRAVEL - DAY TRIPS

PHILADELPHIA FLOWER SHOW and DAY OF FUN AT READING MARKET

Thursday, March 8

\$89

8:00 am - 5:30 pm

Escorted by Margot Bond Wittich, 1958

“Hawaii, Islands of Aloha!” is the 2012 theme of this fun annual excursion, which has become one of our most popular day trips!

Be prepared to be whisked away on the tranquil winds of the Hawaiian Islands, as we celebrate the spirit of Hawaii! Native and tropical plants will rise in a living wall amid cascades of orchids and thundering waterfalls. Hula dancers, torch-twirlers, and 3-D imagines of crashing waves and rumbling volcanoes will honor Pele, the Goddess of Fire. The 2012 Show promises to be one of the most impressive displays ever mounted.

Directly across the street from the Philadelphia Convention Center is the world-renowned **Reading Market**, where you'll find mouth-watering aromas, produce fresh from the field, Amish specialties, unique and hand-made pottery, jewelry and crafts from around the world. Our day is designed to provide ample time for you to enjoy these two exciting destinations as well as time to “hit the streets” of Philly to explore the stores and shops. Lunch (on your own) at your choice of many fabulous locations. You may re-enter the Flower Show, if you choose, via handstamp. This is a day that is simply not to be missed.

NOTE: Travel time is two hours. Our motor coach will depart from the Melrose Avenue parking lot, 5603 N. Charles Street. Estimated return arrival time is dependent upon traffic. Refundable through February 15.

LOOKING UP DOWNTOWN

The Architecture and History of Baltimore's Central Business District

Saturday, March 24

\$15

9:30 am - 11:30 am

Escorted by Johns Hopkins

Growing rapidly after the Civil War, Baltimore's historic central business district is chock-full of wonderful buildings and architecture, grand and small. It also shows the scars of a horrendous fire in 1904, the influences of urban renewal projects from the 1950s through the 1980s, and the individual efforts of many Baltimoreans. And it's got loads of gargoyles, statuary and grotesques peering down on unsuspecting pedestrians every day. This two-hour walking tour will cover the architecture, history and whimsy of central downtown Baltimore.

NOTE: Meet in front of the Hollywood Diner, 400 East Saratoga Street (Saratoga and Holliday Streets.) This tour will proceed, “rain or shine” so dress appropriately and please wear comfortable shoes. Refundable through March 1.

Johns Hopkins is executive director of Baltimore Heritage and talks to groups about historic buildings, community development and the role that residents and historic preservationists play in strengthening our wonderful neighborhoods.

VAN GOGH UP CLOSE at the Philadelphia Museum of Art

Wednesday, March 28 **\$89**
7:30 am - 5:30 pm

Escorted by Christy Carey, 1989



Vincent van Gogh, Irises, oil on canvas

During his stay in Paris from 1886 to 1887, **Vincent Van Gogh** significantly revised his portrayal of nature as a result of his encounter with contemporary trends in paint and his investigation of Japanese art. This exhibition will present

some 45 paintings that demonstrate the artist's new approach to landscape painting, in which he experimented with depth of field and focus, closing in on his subject or providing shifting perspectives on, for example, a field or the corner of a garden. Lunch (on your own) in either the Museum café or your choice of one of the many fine local restaurants in the area. There is time to explore Philly and re-enter the museum by handstamp, if you like.

NOTE: Travel time is two hours. Our motor coach will depart from the Melrose Avenue Parking Lot, 5603 N. Charles Street. Estimated return arrival time is dependent upon traffic. Refundable through March 1.

WALKING (AND TALKING) THE PATHS OF ROLAND PARK

Sunday, April 1 **\$20**
2:00 - 4:00 pm

Escorted by Judy Dobbs and Kathy Hudson, 1967



This is a repeat of one of our most popular Fall 2011 adventures! Join with friends to discover and explore a unique feature of the **Roland Park** community. In developing this community in the late 1800s, the Roland Park Company incorporated into its plan a series of footpaths, 18 in all, designed to expedite foot traffic

between various sections of the neighborhood, especially in those where the terrain made it difficult to build roads. Designed by Frederick Law Olmsted, Jr., son of the famous landscape architect Frederick Law Olmsted, Sr., in collaboration with Edward H. Bouton, general manager of the Roland Park Company, the paths were part of a hierarchical system of roads in front of houses, service lanes in the rear, and footpaths that provided convenient ways to cross through the neighborhood in a natural setting. Each path is named with a distinctly country ring: **Squirrel, Hilltop, Laurel, Tulip**; others are decidedly British: **Audley End, Tintern, St. Margaret's, Litchfield**. In 1991, the paths were refurbished and most are marked by cedar posts and handmade white oak replicas of the original breadboard signs.

NOTE: Meet at **Roland Park Branch of the Enoch Pratt Free Library, 5108 Roland Avenue**. Walking, some rough terrain, please wear comfortable shoes. Refundable through March 16.

ART BLOOMS at the Walters Art Museum

Friday, April 13 **\$100**
10:00 am - 3:00 pm

Escorted by Amy Chay



Rene van Rems

Spend a day at the Walters Art Museum where flowers and art will be celebrated at the **23rd annual Art Blooms – A Floral Fiesta!**

Attend a lecture by the Dutch-born designer and world-renowned ambassador of the flower industry, Rene van Rems. Mr. Rems is a frequent speaker at leading art museums around the country. His European influence on trends in American floral design has been featured in *Better Homes and Gardens* and on HGTV. The lecture will be followed by a luncheon on the beautiful Sculpture Court. After lunch, you will enjoy a docent-led tour of the Art Blooms floral exhibit interpreting

selected pieces in the special exhibition *Exploring Art of the Ancient Americas: The John Bourne Collection Gift*.

NOTE: Travel time is 30 minutes. Our school bus will depart from the Melrose Avenue Parking Lot, 5603 N. Charles Street. Estimated return arrival time is dependent upon traffic. Refundable through February 1. Cost includes admission to the Art Blooms exhibit and the John Bourne Collection special exhibition through Sunday, April 15.

GEORGE WASHINGTON'S MOUNT VERNON and Potomac River Cruise

Friday, May 4 \$99

8:30 am - 5:30 pm

Escorted by Judith Brigstocke Hundertmark, 1950



As our nation's first president, George Washington is a timeless and inspirational hero to people all around the world. At his **Mount Vernon estate and gardens**, with 50 acres for our guests to explore, you will experience his world in depth. Enjoy the panoramic views of this inspirational property, and hear about the fascinating history.

After a guided tour of the mansion and gardens, we'll enjoy a three course luncheon at **Mt. Vernon Inn** (included in your day.) There will be time on your own to explore the gardens and visit the gift shop. Our afternoon includes a view of the estate from the Potomac River, aboard our 45-minute narrated river cruise.

NOTE: Travel time is 90 minutes. Our motorcoach will depart from the Melrose Avenue Parking Lot, 5603 N. Charles Street. Estimate return arrival time is dependent upon traffic. Walking, please wear comfortable shoes. Refundable through April 16.

GROUNDS FOR SCULPTURE in Hamilton, New Jersey

Wednesday, May 16

\$99

7:30 am - 6:30 pm

Escorted by Dickie Wyskiel



Grounds for Sculpture is a 35-acre sculpture park and museum that has captivated visitors since 1992. The entire park contains a highly unusual collection of bronze, iron and steel sculptures, situated in many scenic settings throughout the arboretum atmosphere of wooded areas and gardens. The outdoor tour is guided. Indoor exhibitions of emerging and well known artists are shown throughout the year in two expansive, glass walled buildings that were once exhibit halls for the New Jersey State Fair. Over 200 contemporary sculptures from monumental to small scale, can be found on the beautifully landscaped groups. The park was founded by the famous American sculptor, J. Seward Johnson, the Johnson & Johnson heir whose "real life" sculptures capture people in scenes from everyday life and are exhibited in many locations throughout the world.

After a restful luncheon (included in your day), we'll visit the **Boehm Porcelain Studios**, one of the foremost producers of porcelain figures, birds and flowers in the country. Boehm also offers a gallery of unusual antiques which includes everything from silverware to chandeliers.

NOTE: Travel time is two and one-half hours. This trip will go "rain or shine." Our motor coach will depart from the Melrose Avenue Parking Lot, 5603 N. Charles Street. Estimated return arrival time is dependent upon traffic. Refundable through April 25.

AHH! GARDENS EXTRAORDINARE

Thursday, May 24

\$79

9:30 am - 4:30 pm

Escorted by Kathy Hudson, 1967 and Dickie Wyskiel



We start our day of visiting three private gardens with a stop at an elegant new garden started three years ago by one of the most dedicated horticulturalists in the Baltimore area, a charming example of an English cottage-style garden with a long perennial and mixed shrub border, ending in a woodland garden, with a wonderful arrange of textured flowers and fragrance. Our second spectacular visit is a garden in Green Spring Valley, transformed by the owners from impenetrable overgrowth to a sloping, verdant garden room, dappled with sunlight and possessing a decidedly European feel. Gardens are complemented by the occasional and surprising sculpture, adding whimsy and fun to a natural masterpiece. Lunch (included in your day) at a nearby location. Our third treat of the day takes us to an extraordinary private English garden, through a pair of stone and wrought-iron gates and a winding drive, gardens on a scale of some of the most magnificent in England. This 200-acre estate, 30 of which is house and garden, is based on those designed by the renowned garden design writer Gertrude Jekyll. Garden architects Michael and Frances Edwards from Surrey, England were invited to incorporate ideas and make design decisions which offer flowing, painterly beds and garden rooms to the geometry of the more grand and formal Hampton Court. A special Baltimore day, not to be missed!

NOTE: Travel time is 30 minutes. Our school bus will depart from 5603 North Charles Street. Estimated return arrival time is dependent upon traffic. Refundable through May 1.

THE BARNES COLLECTION in its NEW Philadelphia home!

Wednesday, September 19

\$110

7:30 am - 6:00 pm

Escorted by Judith Brigstocke Hundertmark, 1950, Courtney Jones McKeldin, 1958, Louise White, 1955, and Dickie Wyskiel

An exciting re-opening! Be among the first to visit **The Barnes Foundation Museum**, which houses one of the finest collections of 19th and 20th century French painting in the world. An extraordinary number of masterpieces by Renoir, Cezanne and Matisse provide a depth of work by these artists unavailable elsewhere. Join us for an exciting look at this fabulous collection in its new



location. The new building respects the distinctive nature of the Barnes Foundation, evoking the experience of the existing galleries in Merion, while also providing space to focus on the Foundation's core ideas of education and connection to the landscape. The Collection will continue to be displayed in an exhibition space that replicates the hanging of the art ensembles in the original galleries in Merion and will provide the same intimate experience intended by Dr. Barnes. Our day begins with a 30 minute docent introduction of the Museum, with lots of time to explore on your own. We are delighted to have you join us! (Lunch is on your own, there are a large number of nearby dining opportunities to explore as well as a small café in the Museum.)

NOTE: Travel time is two hours. Our motor coach will depart from the Melrose Avenue Parking Lot, 5603 N. Charles Street. Estimated return arrival time is dependent upon traffic. Refundable through August 25.

IN PARTNERSHIP WITH *DIVERSIONS*

TRIBUTE TO GROUND ZERO

Sunday, June 10

\$194

6:30 am - 7:00 pm



An all-inclusive trip on this special day, we will embark on a journey into the bravery, passion and tragedy of 9/11. *Diversions* has secured timed entrance (required) to pay tribute at the 9/11 Memorial, unveiled in September. The twin memorial pools mark the exact footprints of the fallen towers and you will see the inscribed names of the nearly 3,000 victims of the September 11, 2001 and February 26, 1993 atrocities. Honoring the lives of those who were lost, the memorial is a tribute to the past and a place of hope for the future. Our day will begin with a walking tour with an expert guide who will share stories about that tragic day while weaving through some of the places touched by 9/11, including: St. Paul's Chapel, New York's only surviving pre-revolutionary church that became a dormitory/mess hall and medical center for months afterward; The Winter Garden, designed as a crossroads between the World Financial Center and the WTC, it was crushed by the debris when the towers fell, but has now been beautifully resurrected; The Bronze FDNY 9/11 Memorial Wall, a 56-foot long bronze sculpture that shows firefighters battling the smoldering towers, located on the side of NYC's famed fire station "10 House." The former Reily Hose No. 10 firehouse men were among the first to respond to the WTC attacks and lost four of their own; World Trade Center Tribute Center – after seeing the Memorial you will have a chance to explore the five galleries to experience the story of 9/11/2011 through exhibits, photographs, film, artifacts and the voices of those who experienced the events first hand.

Our coach will take us to lunch at Fraunces Tavern (circa 1719, where Washington gave his farewell address to the officers of the Continental Army.) Our fascinating speaker is an artist-turned-mariner, one of the first women tugboat captains in the U.S. and a licensed captain with a 500-ton master's license. Tugboats and ferries played a critical role in 9/11 in helping to evacuate people and in providing water to the sites. After lunch, we'll visit her 104-year-old tug boat,

which she has restored lovingly for Living Classroom and how appropriate, the tug was built in our own Federal Hill! This incredible day is an unforgettable experience where you'll hear stories of the heroes of 9/11 and how NYC rose from the ashes of tragedy to flourish once more.

NOTE: See page 21 for New York travel details.

NEW YORK WEEKEND GETAWAY

Saturday, June 2 - Sunday, June 3

\$759

7:00 am Saturday - 8:30 pm Sunday



Empire State Building

We're headed for a fabulous weekend getaway at the city that never sleeps! Coach departs serving full breakfast en route. You'll spend a luxurious night at one of the most prestigious addresses in NYC: The New York Palace, located on E. 50th Street between Madison & Park Avenue. The Palace offers its guests an unrivaled standard of deluxe service with everything you can think of at your fingertips, including a top rated spa, fitness facility, a 7,000 square foot space overlooking St. Patrick's Cathedral.

You are free to shop or museum-hop until 2:00 pm when we take our orchestra seats for Andrew Lloyd Webber's legendary Tony-Award winning musical in its first ever revival – *EVITA!* This dazzling new production won tremendous critical acclaim when it premiered in London and now it's coming to New York with its original star, Olivier Award-winner Elena Roger, joined by international superstar Ricky Martin and Tony winner Michael Cerveris. Evening at leisure.

On Sunday morning, our coach will pick us up and whisk us to **Ground Zero** where we have a 10:00 am timed entrance (required) to pay tribute at the 9/11 Memorial. The twin memorial pools mark the exact footprints of the fallen towers. Following your visit, we'll head via motorcoach to the theater district for a 3:00 pm show of *Porgy and Bess*, a stunning contemporary new production. Operatic aspirations are replaced with the accessibility, theatricality and showbiz savvy of a Broadway musical in Diane Paulus' bright, beautiful

tuner-centric re-envisioning of this classic American tale, featuring internationally renowned stars: Four time Tony Audra McDonald, Norm Lewis (Javert in the 25th anniversary production of *Les Misérables*) and David Alan Grier (*In Living Color*, *Dreamgirls*) as Sporting Life.

On our return home, we'll serve open bar, wine, hors d'oeuvres, Carnegie Deli dinner and a compelling video on George Gershwin.

NOTE: See next column for New York travel details.

**AN AMERICAN GIRL'S DAY OUT
IN NEW YORK CITY**

Saturday, June 23

\$209

6:30 am - 8:15 pm



A day designed and devoted to girls that will thrill all doll lovers! Everyone is invited, including your doll, to a magical spot that celebrates girls of yesterday and today – **American Girl Place**. Imagine three floors of beautiful boutiques that show off all the dolls, their clothing, furniture, books and accessories. Your day begins at the magnificent Metropolitan Museum of Art where only the most chic and sophisticated girls go! We have arranged to introduce our young ladies to the crème de la crème of paintings depicting children at play through the ages by luminaries such as Goya, Renoir and Bonnard.

Then, we will head down 5th Avenue to “do” lunch at the American Girl Café where a table has been reserved for you and your doll. After lunch, the part you’ve been waiting for: check out the store, perhaps get your doll at new ‘do or get your picture taken for your own magazine cover and see all the latest the store has to offer.

Next, just like in the movies and storybooks, your chariot awaits you! After all, what’s a New York experience without a horse and carriage ride through Center Park, the most famous park in the world?

Enjoy American Girl videos on the way up and back, full breakfast en route. Return trip includes drinks, snacks, Carnegie Deli dinner and bingo. Also included in our magical trip: a very apropos surprise gift – one per young lady!

NOTE: For girls 6 and over. One adult may accompany three girls.

NEW YORK TRAVEL DETAILS: All day trips with Diversions depart at the time indicated from the rear parking lot of 7310 Park Heights Avenue.

THE MUSIC MAN AT ARENA STAGE

Washington, D.C.

Saturday, June 16

\$149

12:00 pm - 6:00 pm



Fresh off her overwhelming success with *Oklahoma!* Arena Stage’s brilliant Artistic Director Molly Smith tackles five-time Tony winner *The Music Man*. Having exhausted all 102 counties in Illinois, “Professor” Harold Hill gives Iowa a try and soon enough convinces River City of its trouble with the “sin and corruption” of a pool hall, trouble that can only be stopped by forming a boy’s band. Marian the librarian suspects he’s a con man. The stage erupts with *76 Trombones*, and you’ll be cheering along with River City for Harold Hill! Tony nominee Kate Baldwin plays Marian, singing classics such as *Till There Was You*, *My White Knight*, *Will I Ever Tell You*, *Goodnight My Someone*. There may be trouble in River City, but there will be sheer musical heaven at Arena Stage.

En route, enjoy a tasty pizza lunch, salad and dessert. Return trip offers snacks and cold drinks.

TAKE ME OUT TO COOPERSTOWN

Saturday, September 15

\$179

7:00 am – 10:30 pm



Come join us and visit the best known sports shrine in the world...**The National Baseball Hall of Fame.** Whether you're a player or a spectator, a little leaguer or an old-timer, a casual enthusiast or a stats-spouting zealot, you'll revel in its three floors of exhibits with its awesome collection of 35,000 artifacts, 3 million library items, player memorabilia, interactive terminals and 135,000 baseball cards. There are displays on baseball's greatest moments, The World Series, All-Star Games, ballparks, a complete history of the game and of course, The Hall of Fame Gallery with its bronze plaques honoring the great players, managers, umpires and executives who have been inducted since 1936. A must-see is the exhibit that opened this summer: One for the Books: Baseball Records and the Stories Behind Them, from Cy Young's victories to Joe DiMaggio's hits, to Cal Ripken's consistent appearance in the box score, it's the records that enthrall baseball fans the world over.

Full breakfast en route, a captivating baseball movie. Lunch served before arrival. You may pick up your own dinner to enjoy on the ride home, we'll provide open bar, beer, wine, cold drinks and dessert.

ASHEVILLE ADVENTURE

Friday, September 21 through

Sunday, September 23

\$1,159

Single Supplement \$315



A weekend with the Vanderbilts – *Diversions* Style!

Call *Diversions* for a full itinerary and details on this wonderful trip, 410-486-3604!

MULTI-DAY TRIPS

FALL TOUR OF NORTHERN NEW MEXICO, THE LAND OF ENCHANTMENT

7 Days

September 29 - October 5

Escorted by Linda Brown and Courtney Jones
McKeldin, 1958

Discover New Mexico's ancient Puebloan culture and architecture, spectacular mountain vistas, contemporary art and unique cuisine. A recent *New York Times* article featured Albuquerque as "coming into its own in recent years, where tax breaks, great scenery, the TV and film industry have caused the area to boom."



Old Town Albuquerque

Departure from Baltimore on Saturday, September 29 for a non-stop flight to **Albuquerque** where you will stay in the heart of Old Town, a 300 year old authentic adobe village for two nights, at the Hotel Albuquerque, a unique blend of Native American, Mexican and Spanish cultural traditions and architecture. Saturday afternoon includes a stop at Casa Rondena Winery to sample their award-winning wines, while enjoying the intoxicating view of the Sandia Mountains. Enjoy patio and garden dining at El Pinto, Albuquerque's premier New Mexican restaurant. **Day two:** After breakfast at the hotel, afternoon on your own to visit over 200 shops and restaurants, the Albuquerque Museum of Art and History, New Mexico Science Museum, the Turquoise Museum and many others. **Day three:** We leave for Taos on Monday, October 1 for two nights at El Monte Sagrado Living Resort & Spa, the finest spa and resort in New Mexico. The tropically landscaped indoor pool and Jacuzzi is spectacular, so be sure to bring your swim suit or just relax with a massage or facial. Walk the historic Ledoux Street that houses numerous art galleries and the Harwood Museum of Art. **Day four:** Breakfast in the Garden Room at El Monte Sagrado is a great way to start the morning. Then you tour the Taos Pueblo



Taos Pueblo

(via motorcoach), settled over 1,100 years ago by the native people who continue to live in this ancient pueblo. After visiting the Taos Pueblo, you will travel via motorcoach to take a walk over the spectacular Rio Grande Gorge Bridge and marvel at the grandeur of the river, 565 feet below. After lunch, wander at your leisure through Taos Plaza, hosting reasonably priced boutiques showcasing handcrafted jewelry, art and pottery. D.H. Lawrence's "forbidden paintings" are kept behind a special curtain at the historic Hotel La Fonda located on the plaza.

Day five: Leave for Santa Fe, America's oldest capital city, to drive along the High Road with quaint villages, spectacular vistas of



Cathedral of St. Francis, Santa Fe

mountains and the Carson National Forest. Upon arrival at the St. Francis Hotel, afternoon walking tour of historic Santa Fe will showcase the adobe buildings that depict the Pueblo Revival architectural style, which has been here for over 400 years. Santa Fe's historic district hosts 200 restaurants specializing in Native American, Mexican and Southwestern cuisine. **Day six:** Enjoy a day on your own, including the Georgia O'Keefe Museum, Palace of the Governors/New Mexico Museum of Art. Take a stroll along Canyon Road, Santa Fe's most famous street. The narrow winding street is lined with authentic adobe former homes transformed into galleries and has been designated as a residential arts & crafts zone. A visit to the magnificent Basilica of St. Francis of Assisi, built between 1869 and 1886 is a must. It is one of Santa Fe's most celebrated landmarks.

Day seven: Depart the St. Francis Hotel for Albuquerque International Airport.

September and October weather is ideal with normal highs of 76 and lows of 44 degrees, and an average of 300 days of sunshine. Individual arrangements can be made for you to extend your stay to enjoy the famous International Balloon Fiesta.

NOTE: Included: *All first-class hotel accommodation, taxes, entrance to Taos Pueblo Museum, six breakfasts, three dinners, local motor coach transportation, services of a RPCS tour manager, baggage handling from hotel to hotel, taxes. Not included:* *Air fare, alcohol, optional activities, items of a personal nature, gratuities. Guests will make their own air fare arrangement to Albuquerque Airport where they will be picked up for transfer to Hotel Albuquerque in Old Town. (Southwest Airlines flies non-stop from BWI to Albuquerque.)*

LAND COSTS:

Not including air: \$1,950 per person, double occupancy. Call for information on single supplement – 410-323-5500, ext 3045. Deposit of \$100 due by March 1, fully refundable through May 1. No cancellations after May 1. Balance due by May 1. We strongly encourage purchase of travel insurance.

INTERNATIONAL TRAVEL

NETHERLANDS, BELGIUM AND PARIS
featuring Historic Bruges and
Floriade 2012

11 days

Departing September 24

Escorted by Collette Travel



Floriade is the World Horticultural Expo held only once every ten years in the Netherlands. **Floriade 2012** presents visitors with the opportunity to enjoy the world's most exquisite and exceptional flowers, plants, trees, fruits and vegetables in a 165-acre country setting along the German border. Floriade is truly a pioneering event in the areas of horticulture, sustainability and cultural exchange that offer countless opportunities for visitors to learn about the world.

On this special tour you will enjoy immersion in the culture of the **Benelux region**. Cruise the canals of **Amsterdam** by candlelight, stroll through the colorful displays



Brussels, Grand Place

of the **Floriade**, explore historic **Bruges** and stroll the boulevards of **Paris**. Your journey begins with an overnight flight to Amsterdam, "Venice of the North."

Day two: Tour Amsterdam, the 800-year-old capital of Holland. **Day three:** Sightseeing tour of the historic city center, the Royal Palace, visit to one of Amsterdam's

famous diamond-cutting artisan workshops. Visit Hortus Botanicus, one of the oldest botanical gardens in the world. Afternoon at leisure. **Day four:** Spend the day captivated by the beauty of nature and awed by scientists efforts to understand it all, at the world-famous **Floriade Horticultural Exhibition**.

Day five: Travel to Brussels, capital of Belgium and home of the EU Parliament. Enjoy a panoramic tour of the city including the Royal Gardens and castle, Atomium, Arch of Triumph, the Art Nouveau houses, and of course, the world famous Grand Place. Afternoon at leisure. **Day six:** Travel to the imperial city of Bruges. Lined with typical patrician houses, Bruges, a World Heritage site, conveys the splendor of by-gone days. Enjoy a walking tour guided by a local resident, of one of Europe's most perfectly preserved medieval cities. Afternoon at leisure. **Day seven:** Today is yours to explore Brussels on your own, or choose an optional excursion to the Belgian and French countryside for an artisanal afternoon, visiting various local farms and food producers.

Day eight: Travel through the Ardennes forest and French countryside to the "City of Light." Upon arrival in Paris, free time to relax or explore the city. **Day nine:** Day begins with a panoramic tour of Paris, see the breathtaking architecture of the Arch de Triomphe, the Gothic cathedral of Notre Dame, the historic Place de la Concorde, and the Champs-Elysees. Next, a visit to Claude Monet's lovely home and palatial gardens in Giverny. **Day ten:** Today is at leisure for you to explore Paris on your own and perhaps enjoy an optional excursion to the world famous Louvre Museum or Louis XIV's magnificent Palace of Versailles. Soak up the atmosphere of the city, before your flight home.

NOTE: A \$100 discount for guests booking before March 24, if you book both air and land with Collette. Call for a full itinerary – 410-667-6090. Travel coordination by Bev Tomlinson, Roeder Travel.

Included: Hotel accommodations and transfers, 13 meals (9 breakfasts, 4 dinners.) **Not included:** Air fare, cancellation waiver and insurance of \$220 per person, alcohol, optional activities, items of a personal nature, gratuities.

LAND COSTS:

Not including air: \$2,799 per person, double occupancy. We strongly encourage purchase of travel insurance.

CRUISE NEW ENGLAND AND CANADA

September, 2013

Escorted by Courtney Jones McKeldin, 1958



Rockland

A myriad of color transforms the land each autumn as **New England and Canada** ignite in a blaze of color. Discover colonial history, natural beauty and maritime treasures on board a luxury cruise ship to view the drama as she spends the peak season center stage. Join us on a seven-day Holland America cruise ship, departing Boston in mid-September, 2013. Stops in Bar Harbor, Maine; Halifax, Nova Scotia; Sydney, Charlottetown (Prince Edward Island); Quebec and Montreal. An extended stay in Montreal can be arranged by our travel agent.



Quebec City

NOTE: Call for information, including cost, to be sent to you when it becomes available, 410-323-5500, ext 3045. No financial obligation at this time.



City Hall, Place Jacques Cartier, Montreal

PERSONAL DEVELOPMENT

AGING IN PLACE

One Session \$15
 Wednesday, April 25
 7:00 - 9:00 pm

The instructor is generously donating her fee for this program to RPCS.

Lynn Berberich

Ten thousand people turn 65 each day. One in eight Americans age 40-60 is caring for both a child and a parent in their home. The population of people 85 and over is the fastest growing age group in the United States. 80% of those over 45 say they want to remain in their own homes, even when they need assistance.

Join us for a panel discussion and question/answer session with experts from the Baltimore Chapter of the National Aging in Place Council. Learn about some of the resources available to help you or your parents plan for and successfully age in place. Topics covered include: legal and financial considerations and options; home medications and maintenance; organization and de-cluttering; assistive devices; in-home health care and life care; geriatric care management; adult day care and home hospice care; funeral and cemetery planning. Planning for your future is better than making quick decisions after unexpected events create a crisis. Bring your questions to ask our panel of experts.



The Baltimore Chapel of National Aging in Place Council is a non-profit group of local, reputable professionals serving the Baltimore senior community, providing services and resources to help people safely remain in their home.

The panel moderator is Lynn Berberich. Lynn is a Certified Senior Advisor and owner of BrightStar Healthcare of Baltimore, providing private duty homecare.

COMPASSIONATE COMMUNICATION

One Session \$40
 Thursday, April 26
 6:00 - 8:00 pm

Hope Karan Gerecht

NVC (Non-Violent Communication) is a sophisticated, yet practical method of adding grace and elegance to the way we hold ourselves and others. Our words uplift our thoughts, so that sentence by sentence we directly add to the process of increased peace on Earth, using this practice in our daily lives. This simple-to-learn process helps one walk their spiritual talk, all the while increasing health and harmony in our connections to family, friends, business associates and most definitely to one's self.



Hope Karan Gerecht is passionate about the movement of healthy energy in life. She co-moderates a local monthly NVC practice in northwest Baltimore.

EMOTIONAL EATING: BREAKING THE CYCLE

One Session \$20
 Wednesday, April 4
 7:00 - 8:00 pm

Instructor is generously donating her fee for this program.

Diana Sugiuchi

Did you know that up to 70% of overeating is due to emotional eating? Learn how to recognize and overcome your eating triggers so you can finally break out of the emotional eating cycle. At this interactive workshop, you will develop a personalized plan of action to get you through challenging times. Learn the secrets to take control.

Diana Sugiuchi, RD/LND is the owner of Nourish Family Nutrition. She worked as a dietitian in hospitals and other settings in Baltimore, but saw a need to help families and children develop a healthy relationship with food and establish good eating habits. Diana counsels clients, speaks about nutrition and teaches cooking classes.

ENTREPRENEUR WORKSHOP**How to Start a Business****One Session****\$15****Wednesday, May 2****6:00 – 8:00 pm*****The Instructor is generously donating his fee for this program to RPCS.****Kenneth F. Prager*

Whether you've recently started a business, or are still thinking about it – this workshop is a crucial first step. The program covers the basics of what you need to know and do, from choosing the correct tax advantageous entity, to forms you need to file when opening and operating a business in Maryland. Bring your questions, and gain practical knowledge. Taking this program could be one of the most important business decisions you make. This topic is not boring – Ken may help you get to your next dream of being your own boss.



Kenneth F. Prager, CPA has almost 30 years of broad administrative and financial management experience. His practice is dedicated to working with entrepreneurial companies and small businesses in their start-up phase by providing quality and support to those organizations through various stages of their growth as well as providing both individual and business tax return preparation and planning. Ken was recently named one of the Top CPAs in Maryland.

FINDING YOUR ANCESTORS IN THE LIBRARY OF CONGRESS**Two Sessions****\$75****Wednesday, April 4 and 11****6:00 – 7:30 pm***John Colletta**Library of Congress Main Reading Room*

The Library of Congress in Washington, D.C. is one of the country's great repositories for genealogical research. Given the colossal size and universality of its collections, however, it can be overwhelming. This two-session

program, taught by an expert who worked half-time in the "LC" for 20 years, takes the mystery and trepidation out of using our national library. First, the program sketches the institution's history and describes the simple formalities for using it. Then, reading room by reading room – there are 20 of them in three buildings on Capitol Hill – specific research examples serve to explore published works such as books, periodicals, newspapers and cartographic materials. Original sources such as manuscripts, prints and photographs are also discussed. The digital collections of the LC's Web sites are vast and outstanding. In addition, when accessed from within the LC Web site links to numerous subscription sites, all for free. There could not be a more exciting environment for discovering the lives and activities of your ancestors than the Library of Congress.

***John Philip Colletta, Ph.D.***

is one of America's most popular genealogical lecturers. Entertaining, knowledgeable and experienced, he taught workshops at the National

Archives and the Smithsonian Institution for 21 years. Today he lectures nationally and teaches at local universities, including Johns Hopkins He is a faculty member of the Institute of Genealogy and Historical Research at Samford University in Alabama and the Salt Lake Institute of Genealogy, and he has appeared frequently on local and national radio and television, including the PBS series Ancestors.

FISH FORKS AND FINGER BOWLS**One Session****\$55****Wednesday, April 18****7:00 – 9:00 pm***International School of Protocol*

Guaranteed to keep you entertained and interested, this class will teach you everything you need to know about dining. From the early food handlers through Victorian times to our modern dining, learn why the table and the utensils look (and act!) the way they do. Discover how to handle wine glasses, fish forks and knives, bread and butter, napkins and much, much more! Uncover the history as well as the secrets to successful dining.

See Instructor bio next page.

NAILING THE COLLEGE/JOB INTERVIEW**One Session** **\$55****Tuesday, March 6****7:00 - 9:00 pm***International School of Protocol*

A specifically-targeted program for students and adults who are entering the job market and/or entering or re-entering college. In two hours, you will learn about different types of resumes, pre-interview preparation, critical interviewing skills, resume development and interview follow-up. This program is a must-have for individuals who want to stay one step ahead of the competition.

The International School of Protocol is the leader in providing training and consultation services to those who want to enhance their interpersonal skills and personal effectiveness in business and social relationships in today's global business markets.

GETTING THE LAST WORD: How to Write Your Own Obituary**One Session** **\$30****Wednesday, May 9****7:00 - 8:30 pm***Fred Rasmussen*

This program is always very popular! Don't be put off by the seriousness of the subject – our instructor will entertain you with humorous “tales from the crypt” gathered from 20 years of obit reporting, while explaining what material you need to gather and leave behind when you're summoned aloft or below, for your own obit! Remember, this will make it easier for your survivors at a stressful time. So come hear about the gentleman from Glen Burnie who was buried with his favorite dog and about the wife who insisted her husband's longtime paramour be listed as a survivor.



Fred Rasmussen is one of the Baltimore Sun obituary reporters. His fellow staffers call him the Crypt Keeper.

HAPPY AND STRESS FREE**One Session** **\$40****Thursday, April 26****6:30 - 8:30 pm***Joanna Brandt*

No matter what the economy (or your kid, boss, dog or spouse) is doing, you can rise above it! You can tame your stress triggers, enjoy life more and be the captain of your fate. You just need to know some basic principles and employ some simple tools. Without them, your life might feel like an out-of-control whirlwind. This program helps you take control of your situation by showing you how you can upshift your perspective and your mood. You will leave feeling relaxed and empowered, ready to take on your world.

See Instructor bio on page 34.

JOURNALING WITH PURPOSE**Two Sessions** **\$50****Tuesday, April 17 and 24****6:30 - 8:00 pm***Ellen Krich*

Keeping a journal can be very useful. It can help start your new novel, get out anger you've been holding within, help you deal with a stressful situation, help record your history or a special trip, bring meaning to life-changing circumstances, help you to get control of your eating habits and so much more. In these two sessions, we will discuss the benefits of journaling and the many purposes of therapeutic and cathartic journaling. We'll discuss techniques, explore topics and share our writings (completely voluntarily) with each other to get us started on a stupendous journey into journaling for 2012 and beyond.

NOTE: Please be sure to bring a book to use as a journal – one you would enjoy writing in and saving until it's full.



Ellen Krich graduated with her B.A. from The Johns Hopkins University with a Writing Seminars Major, where she studied writing in many genres, including journaling. She has always been fascinated by the published journals of famous authors as well as the journal entries her students (of all ages) share with her. She is an avid "journaler" who has presented professional development workshops on the value of journaling in all subjects with students of all ages. She also has read extensive research on the value of journaling.

MEMOIR WRITING**One Session****\$30****Wednesday, April 11****6:00 – 7:30 pm***Fraser Smith*

Have you promised yourself to write a memoir of your career, your life, your family's life? Of course you have! But you don't know how to start. Come to a special workshop with Fraser Smith, the WYPR senior news analyst, who has made the same rash commitment. Our speaker has written four books about the lives of others. He envisions our evening as an interactive lightning workshop in which you develop and offer a rough outline and compare notes on what might work in the narrative. If you wonder: Who cares about your life, don't. You care, your family cares. You're certain to surprise yourself, learn something and leave something for your kids or your cousins. You might want to get out the photo albums as well as any pertinent records, to prepare for this special evening.



Fraser Smith is a University of North Carolina graduate with a year of graduate study at Yale University. He is a former Baltimore Sun reporter, editorial writer and columnist, currently senior

news analyst for WYPR-FM, the public radio affiliate in Baltimore. He is the Friday columnist for The Daily Record. Previously, he worked at The Jersey Journal in Jersey City and the Providence Journal in Providence Rhode Island. Mr. Smith is author of several books: William Donald Schaefer: A Political Biography; Here Lies Jim Crow: Civil Rights in Maryland; Lenny, Lefty and Chancellor: And the Search for Reform in Big Time College Sports; and a book on the Lees of Maryland: Blair Lee, Edward Brooke Lee and Blair Lee III.

RETIREMENT DECISIONS: Unraveling the Complex Retirement Options Facing Baby Boomers

One Session**\$15****Wednesday, April 18****7:00 – 8:30 pm**

The Instructors are generously donating their fee for this program to RPCS.

Kathy Armstrong and Elizabeth Paal

Attention baby boomers! Whether you are ten years from retirement or already retired, there are important decisions to be made. This program discusses the questions facing baby boomers in the three stages of retirement.

Stage 1: The ten years leading up to retirement are a time to take an honest assessment of where you are financially and establish goals for these final working years. Stage 2: The year you retire involves understanding things such as Social Security, Medicare, Retired Minimum Distributions (RMD.) Stage 3: Your golden retirement years may include new adventures, meaningful time with family and continuing care issues.

Join us as we travel this road together.

See Instructor bio below.

A WOMAN'S FINANCIAL JOURNEY: Practical Information for Women Who Would Prefer Doing Almost Anything Else to Managing Their Finances

One Session**\$15****Wednesday, April 4****7:00 – 8:30 pm**

The Instructors are generously donating their fee for this program to RPCS.

Kathy Armstrong and Elizabeth Paal

Do you want to start improving the quality of your financial life right away? This is a fun and educational program designed especially for women. Kathy and Elizabeth will arm you with steps to help you in your pursuit of financial security. You will learn how to: put your money where your values are; figure out where you stand financially; discover how to save money; and build financial "baskets" for your retirement.

NOTE: We'll provide the chocolate!



Kathy Armstrong, a certified financial planner practitioner, has her own financial planning practice at Heritage Financial Consultants in Hunt Valley, providing comprehensive financial planning in the

areas of investment management, retirement, education, personal risk management and estate planning. RPCS Alumna Elizabeth Paal, 2005,



is client relationship manager at Heritage Financial Consultants, overseeing client relations and project management. Together, Kathy and Elizabeth (a mother-daughter team) build

trusting relationships to help individuals achieve fulfilling lives while making a difference everywhere they engage.

LANGUAGE ADVENTURES

ITALIAN FOR BEGINNERS

Six Sessions

March 1, 7, 14, 15, 28, 29

6:30 – 8:00 pm

Raffaella d'Ecclesia

\$170



Come and learn the most romantic language. You will have the chance to learn about Italian culture, food and the wonderful music. How many times have you been fascinated by all these beautiful things? Now, by learning the language, you can immerse yourself in the real Italian culture. You will become familiar with grammar and vocabulary and by the second session, be able to interact with native speakers. *Vi aspetto a presto arriverci!*

Raffaella d'Ecclesia is a French and Italian teacher at Calvert Hall College. She also taught Italian at the Italian consulate in Baltimore. Raffaella is originally from Rome, where she received her B.A. in modern languages at Rome University. She also studied for her B.A. in liberal arts from Towson University with major in French.

SPANISH FOR BEGINNERS and CONTINUING BEGINNERS

Six Sessions

Monday, April 16, 23, 30, May 7, 14, 21

7:00 – 8:30 pm

Kelley Powell

\$160

Do you need Spanish to further your career, to be more comfortable when you travel or simply to communicate easily with people around you? Come and learn more about the Spanish language and culture. We will sample conversational techniques as well as some grammar exercises to help you learn the basics of the Spanish language. Beginners and continuing students are welcome – reinforce what you've already learned and take it to the next level!

NOTE: Purchase of a Spanish/English dictionary is optional.



Kelley Powell has taught Spanish in Baltimore County for twelve years. She lived in Madrid for six months where she became fluent in the language. She has served as translator for mission trips to Peru, Paraguay and Mexico. Kelley holds two degrees from Williams College, one in Spanish and one in psychology.

TECHNOLOGY

COMPUTERS FOR THE ABSOLUTE BEGINNER I

Two Two-Session Programs to choose from: \$60

Program 1: Monday, April 2 and Wednesday, April 4

Program 2: Monday, April 16 and Wednesday,

April 18

6:30 – 8:00 pm

Wendy Torres

In this course, we will review the very basics of operating a computer. You will review the parts of the computer with particular emphasis on the essentials of computer use: the mouse, the keyboard, the screen, and the CPU (the computer itself.) We will learn the difference between hardware and software and how to use the most common version of both, such as Microsoft Office applications and printing. We will also review how to get on the Internet, navigate the Web with a browser such as Internet Explorer, and how to send email. If you've been wanting to get on your computer, but have been too embarrassed to admit how "far behind" you are, then this is the class for you! Each class will also be followed by an open Q&A session for participants, to ask those burning questions, like "what is Facebook" and "how do I open this picture of my grandson that my daughter emailed me?"

NOTE: All instruction takes place on computers running the Windows 7 operating system. There is no need for students to bring a computer. We use the computers in the RPCS Computer Labs for this program.

See Instructor bio on page 31.

COMPUTERS FOR THE ABSOLUTE BEGINNER II

Two Two-Session Programs to choose from: \$60

Program 1: Monday, April 23 and Wednesday,
April 25

Program 2: Monday, April 30 and Wednesday,
May 2

6:30 - 8:00 pm

Wendy Torres

In this course, we will continue our study of how to operate a computer. You will learn how to navigate and manage files on your hard drive, how to install and uninstall a piece of software and how to connect devices to our computers, such as printers, scanners, music players and cameras. We will also review saving and file backup practices, including a discussion of the various types of storage media available. Further exploration of the Internet will be encouraged and you will gain an understanding of Internet safety. This is the class that no beginner should skip, because file management and online safety are crucially important to your growth and happiness as a computer user. Each class will be followed by an open Q&A session for you to ask those burning questions – “should I install this virus protection program I was just e-mailed about?” The answer is NO!

NOTE: Prerequisite – *Computers for Absolute Beginners I* or equivalent experience. All instruction takes place on computers running the Windows 7 operating system. There is no need for students to bring a computer. We use the computers in the RPCS Computer Labs for this program.



Wendy Torres is the K-5 Technology Coordinator for RPCS. She has been teaching for over ten years and is a certified instructor for I Safe America, one of the largest non-profit organizations dedicated to teaching parents and students how to be safe on the Internet.

CULINARY ARTS

MY FAVORITE THAI DISHES

Three Sessions

\$135

Materials fee: \$35

Monday, February 27, March 5, 12

6:30 - 9:00 pm

Ang Robinson

Discover the amazing flavors, herbs, sauces and spices of Thailand. This hands-on introductory class is created for everyone who loves Thai food and would like to give it a try. Class will make favorite Thai dishes such as Satay Gai (grilled chicken with peanut dipping sauce and cucumber relish), the ever-popular Pad Thai (stir-fried rice noodles), green curry with chicken panang curry with coconut cream and beef, and Pad Khee Mao (drunken noodles), Som Tum (green papaya salad), Larb (spicy chicken salad), and mango and sweet sticky rice.

NOTE: Recipes and notes will be provided. Materials fee is payable to the Instructor on the first evening of the program.

See Instructor bio below.

BEST OF TA-LAY THAI: Thai Seafood

Four Sessions

\$135

Materials fee: \$35

Monday, April 16, 23, 30, May 7

7:00 - 9:00 pm

Ang Robinson

Sharpen your cooking repertoire by adding flavors and spices of Thai cuisine. This intermediate-level class explores a variety of delicious dishes starting with a few appetizers such as Yum Goong (spicy shrimp salad with bead thread noodles) and Tod Mun Pla (red-currant fish cake served with peanut sauce and cucumber relish.) Then we will create the best Thai seafood soup to celebrate the spring season, with tom Tom Kha Talay (lemongrass soup with shrimp, scallops, mussels and squid), stir-fried soft-shelled crabs in yellow curry sauce and last but not least, an entrée of Pla Yang (grilled whole fish, dressed in ginger, garlic, chili pepper, lemongrass sauce) wrapped in banana leaves with Thai jasmine rice and Thai salad.

NOTE: Recipes and notes will be provided. Materials fee is payable to the Instructor on the first evening of the program.



Ang Robinson was born and raised in Korat, Thailand. Baltimore is now her home away from home. Inspired by her father's passion for food, his cooking and his teaching, Ang is a freelance Thai cooking instructor and has taught Thai cooking in Baltimore and Washington for more than 20 years. Ang was named Outstanding Teacher in 1997 by the Baltimore County Adult Education.

THE BASICS OF GLUTEN-FREE

Bread Sticks, Pizza, Chocolate Chip Cookies and Graham Crackers

One Session

\$45

Couple: \$75

Materials Fee(per person): \$15

Wednesday, April 4

6:00 - 8:30 pm

Jules Dowler Shepard

Come try your hand at making both bread sticks and graham crackers and get to taste-test and learn from Jules as she makes pizzafocaccia and chocolate chip cookies. This is an introduction to living gluten free. Jules will answer any question on living or cooking without gluten and will cover tips for appetizers, main dishes, desserts and yeast breads during the class. Bring your own measuring spoons, cups and a rolling pin. Bring a silicone or pastry mat if you have one.

NOTE: Materials fee is payable to the Instructor on the evening of the program. Books will be available for purchase this evening.



Celiac patient-expert Jules Shepard has been living healthily and deliciously since her diagnosis in 1999, thanks to her indomitable spirit, enthusiasm, creativity and her patent-pending all-purpose gluten-free flour. A tireless advocate for the gluten-free community, Jules is also nationally - recognized as a gluten-free cooking expert and the author of three books.

**CROWD-PLEASING APPETIZERS
FOR ENTERTAINING**

One Session

\$65

Materials Fee: \$20

Wednesday, April 25

6:30 - 8:30 pm

Kerry Dunnington

Appetizers “set the stage” for the entertaining you do for your family and friends. If you’d like to expand your repertoire of culinary first impressions, this class is a fast and fun opportunity. With a refreshing, user-friendly and budget-conscious approach, professional caterer and cookbook author Kerry Dunnington offers a hands-on cooking session that features award-winning recipes from her popular cookbook, *This Book Cooks*. Cheese Curry Pate with Plum Sauce, Apricot Meatballs and assorted Filled Wontons with complementing sauces will round out this impressive and colorful array of taste-treat appetizers. You will also learn a wealth of useful information on how to design complementary menus for successful entertaining. Great for beginner and experienced cooks alike.

NOTE: Books will be available for purchase this evening.



Kerry Dunnington has been a popular caterer, widely-read food columnist and sought-after recipe judge and culinary consultant for more than two decades. Her innovative

and diverse food combinations served as the basis for Kerry’s first cookbook, This Book Cooks. Cooking, serving, writing and creating from her kitchen in the Tuscany-Canterbury section of Baltimore, Kerry has developed her passion for the creative preparation of foods in their growing season and for sharing that passion with others, from experienced chefs to would-be cooks, who love to prepare meals that nourish, satisfy and renew.

MIND, BODY & SOUL

A LITTLE CHICKED, A LOT OF TRI*UMPH
Empowering Women Through Sports - we can't change your life, but we can show you how you can!

Monday, January 9, February 13, March 12,

April 9, May 14

6:00 pm

Kathie Krieger and Devon Troop



Have you ever wanted to do a triathlon, run a marathon or simply walk a 5K? Do you keep telling yourself, “I can’t?” The truth is, you can and we can help you get there.

Please join us the second Monday of every month for a new All-Female Group – *A Little Chicked, A Lot of Tri*umph*; a group forming to empower women into healthy lifestyles through sports.

A Little Chicked is not about meeting to train. It’s not about promising you a personal best in your next race. It’s about making connections with other women like you, for support and mentorship. It’s about making friends and finding others who have the same goals as you.

We will provide you with information on getting started – whatever your goal is – and support you as you reach that goal. Can’t swim, but want to try a triathlon? Don’t own a bike. Your sneakers hurt when you walk. Want to move up to a health-marathon? Don’t know what race to do? Think you are too old – never!! There are so many resources in the community to help you and we will show you where to find them. The bottom line is we are excited to welcome all levels.

Meetings are a great opportunity to get to know others who share your goals. Each meeting will feature a guest speaker on topics such as nutrition, common exercise injuries, choosing the right exercise clothing, what it’s like to be a para-athlete, and more. Our

speakers are not celebrities, but every day people that you can identify with.

Take the first step and join us. We promise that this is the hardest step. You will learn, laugh and launch yourself into a journey that promises only to empower and support you as your life becomes healthier and happier; your personal dreams reached!

NOTE: Do not use the *Kaleidoscope* registration form. Please RSVP by emailing alittlechicked@gmail.com. Please include your name, email address and your t-shirt size. The \$30 fee includes annual membership, club tee shirt and support at group rides and runs. Payment (cash or check) can be made at the first meeting. Make check payable to Devon Troop. Bring a friend if you like. We cannot wait to meet you.

Devon Troop grew up an overweight child and was picked on in school so badly her mom let her stay home for weeks at a time. She grew out of it a bit in high school and played field hockey, but that was her athletic career. She put lots of weight back on and weight about 200 pounds, when she fell into the typical yo-yo dieting and excessive exercise syndrome. Turning 30 was her wake-up call and since then she has gone on to complete marathons and triathlons, including Ironman (140.6). Kathie Krieger was the typical tomboy kid who did every sport, even played in college. She grew up near the beach so swimming was how she spent her summers. She continued running until she had kids – and then stopped everything. She gained a ton of weight and for years jumped on the lose-it-fast bandwagon. At age 49, her sister convinced her to run her first marathon to celebrate her victory with breast cancer, and she hasn't stopped since.

AWAKENING TO THE POWER WITHIN THROUGH MANDALAS

Four Sessions

\$200

Wednesday, March 7, 14, 28, April 4

7:00 – 9:00 pm

Mary Kevin Wald

Come to a place of quiet within, where everything is possible. Through the powerful ancient practice of “visualizing,” your mind takes a rest and your soul and spirit take you on a journey that is uniquely your own. You will discover answers to your questions and clearer insights on how to continue your sacred journey of life.

After going deep into this mystical place you will have the amazing opportunity to express your feelings and emotions with color. You will create your own Mandala! It is believed that creating a Mandala is a direct connection to your subconscious which assists you in healing and manifesting the life you desire.

Mary Kevin Wald received her M.A. Ed from Towson University and her graduate thesis was on Mandala Art. She combines the modalities, Guided Visualization along with Mandalas to help individuals tap into their subconscious minds. She utilizes these therapies at conferences, retreats and workshops as well as training other professionals to use them in assisting their own clients.

COOL YOUR HOT FLASHES

One Session

\$30

Materials Fee: \$5

Wednesday, May 16

6:30 – 8:00 pm

Joanna Brandt

We're going to have lots of fun in this class as we learn the secret to preventing hot flashes. Why sweat when you don't have to? There is a powerful, ancient technique that balances your hormones and reduces hot flashes by 50% or more. Liberate your inner goddess, pamper yourself and leave feeling cool and comfortable.

NOTE: Wear layers, with a bathing suit or shorts/tee shirt underneath. Bring large bath or beach towel to this program.



Joanna Brandt is a passionate health and wellness educator with 40 years experience and a mid-life goddess, living with post-menopausal zest. She published Lightworks, a magazine on personal

growth, and two books, The Best Ways to Erase Stress in 15 Minutes or Less and Loss is Inevitable, Grief is Natural, Healing is Gradual. She has taught classes around the country and at Good Samaritan Hospital, St. Joseph Medical Center, and Johns Hopkins University, among other Baltimore locations.

PERSONAL TRAINING



Individualized training is available at RPCS! Arranged to suit all your fitness needs, you will meet with a certified specialist to develop a personalized program to help you reach your goals. Programs to fit any need, including but not limited to: weight loss, strength training, overall fitness, flexibility and stability, core training athletic pre-season/off-season lifting, injury prevention and post-rehab strengthening. Individual and group sessions are available. **Please call Sean at 410-323-5500, ext. 3104 to schedule your sessions.**

NOTE: Do not use the *Kaleidoscope* registration for Personal Training. Sean will provide information on costs based on length of session.



Sean Donmoyer is the Fitness Center Coordinator and Strength Coach at RPCS. He holds a bachelor's in Exercise Science and is a Certified Strength and Conditioning Specialist. Sean has worked with athletes from all ages and abilities, ranging from 8 year old rec-leaguers to professional athletes. He is committed to fitness and athletics and helping others realize their potential and achieve their goals.

DANCE 4 PEACE

Four Sessions

\$100

Monday, April 9, 16, 23, 30

7:00 - 8:30 pm

Aysha Upchurch

Bullying and violence are two well-known problems in our schools today. Social and emotional learning programs are becoming increasingly popular in schools around the country.

In these four sessions, you will be introduced to the core competencies of the Dance 4 Peace curriculum: emotional awareness, awareness of and respect for diversity; and conflict resolution strategies through unique movement-based activities. In these experiential sessions you will learn not only how to help the children in your life in their personal development, but also skills that will apply in your own personal and professional life. Dance 4 Peace is an innovative, global non-profit that inspires people to be leaders and peacemakers in their communities. Come prepared to move!

NOTE: Do not use the *Kaleidoscope* registration form for Dance 4 Peace. Please RSVP by emailing: amanda@dance4peace.org



Aysha Upchurch is a professional dancing diplomat. Translation: she combines her artistic talent as a dancer and choreographer with her academic background in conflict resolution and youth advocacy to change the world, one kick ball change at a time. Her work has been featured at the Kennedy Center, Dance Place, the Carter Barron Amphitheater, the Verizon Center and the White House. She has been a U.S. State Department Cultural Envoy in Dance in Latin America and in 2007 she received the Kennedy Center's Millennium Stage Local Dance Commissioning Project.

RECLAIM YOUR HEALTH AND VITALITY, TODAY**One Session \$50****Tuesday, May 8****7:00 – 8:30 pm***Karen Wright*

What would your life be like if you had an abundance of energy, if you were more productive with sharper focus and more vitality? This program will introduce you to simple tips to reduce sugar cravings and lower cholesterol along with general tips to upgrade your diet and lifestyle. Learn what foods to eat to increase your energy without increasing your workload.



Karen Wright is a Certified Holistic Health Coach, a member of American Association of Drugless Practitioners and a busy mother of two. She received her formal training from such prestigious leaders of the healthcare industry as Dr. Andrew Weil, Dr. Barry Sears, and Dr. Mark Hyman. What she learned was that while genetics plays a role in determining our overall health, our food and lifestyle have a huge impact in determining our overall health, and whether or not our genetic predisposition to certain diseases is activated.

VINYASA FLOW YOGA**Ten Sessions \$100****Tuesday, February 7, 14, 21, 28, March 6, 13, 27,****April 3, 10, 17****6:15 – 7:15 pm***Sara Sheikh*

Join us for a guided, beginner vinyasa class in which the teacher calls out the asanas and provides the breath count, while giving instruction as to how to do the various asanas, in the first four sessions. This is a well-rounded practice with a set sequence, including warm-up, setting elevated intention, surya namaskar, standing asanas, twists, balances, forward bending, backward bending and beginner inversions, as well as relaxing and meditation. Suitable for those who have limited time to devote to a yoga practice, those who are looking for a workout to “shape up” physically and those looking to include robust asana practice in a daily manageable routine. The first few classes lay the foundation in proper physical alignment and understanding of breathing techniques. Inspired by the Jivamukti method,

this is a comprehensive yoga class that transforms, invigorates and energizes, while at the same time grounding and leading the student inward on an exploration of the deeper spiritual aspects of the self.

Sara Sheikh is a certified instructor, she graduated from the International Sivanada Yoga Center of Canada and has practiced yoga since 1996. She currently teaches at Baltimore Yoga Village,



Baltimore Yoga for Youth and in private homes throughout Baltimore. She believes that yoga is a remarkable tool for anyone who wants to increase one's overall state of health and well being.

CHILDREN/FAMILY MATTERS**BABY SITTER TRAINING****Two one-session programs for you to choose from: \$140****Program One: Saturday, April 14****Program Two: Saturday, April 21****9:30 am – 4:30 pm****(For girls and boys ages 11 – 15)***Safe Sitter®*

Safe Sitter® Basic with CPR is a 6 ½-hour essential curriculum designed for busy schedules. It includes Babysitting as a Business, Success on the Job, Child Care Essentials, Safety for the Sitter, Injury Management, Preventing Problem Behavior, Care of Choking Infant, and Care of Choking Child. It introduces Preventing Injuries and Behavior Management and an overview of CPR and Basic First Aid skills. Students will need to pass a written test and fully participate in the classroom activities (conversations and role play) in order to receive a certificate at the end of the day. The class is hands-on, fun and exciting! Each student will receive a Safe Sitter® handbook that will provide support for years to come!

NOTE: Please bring a lunch and drink with you.

Janelle Schmidt is a 1996 graduate of Friends School and is currently the Director of Child Care and Extended Day programs there. She has been babysitting and working in child care since 1994. Janelle is excited to offer Safe Sitter® as the premier training course for adolescents who are interested in working with children.

COOKING TOGETHER: Parent/Child Cooking Programs

Four One-Session Programs to choose from

\$55 per session per adult

\$40 per session per child

Program 1: Sunday, March 4

Program 2: Sunday, March 11

Program 3: Sunday, April 22

Program 4: Sunday, April 29

12:00 - 3:00 pm

Nancy Longo

A fun and exciting way to spend time together, each week will offer a special theme with hands-on cooking lead by a professional chef! You will be provided with all the recipes needed to make these dishes at home. Program 1: Asian dim sum foods, like egg rolls and dumplings. Program 2: Brunch favorites, including muffins, crepes, omelettes, pancakes, fruit toppings, quiche and waffles. Program 3: International appetizers, featuring items from Italy, Greece, Mexico and Asia. Program 4: Mexican specialties, including fajitas, burritos, salsas, tacos and hand-made tortillas. Choose one or choose all four! Each week allows a chance to see how a restaurant kitchen works and the tools necessary to become a great culinarian, as well as to have fun as a family!

NOTE: This program will be hosted at Pierpoint Restaurant, 1822 Aliceanna Street. Directions will be provided upon registration. Children must be 10 years old to participate, and must be accompanied by an adult. Class size is limited.



Chef Nancy Longo is owner and executive chef of Pierpoint Restaurant, which opened in 1980, with a menu dedicated to Maryland cuisine in a contemporary style. Nancy

started cooking at age 7, with her Italian grandmother. She graduated from Baltimore's International Culinary College in 1983. Chef Nancy and Pierpoint have consistently been given high reviews and recently Nancy was named as one of Maryland's 100 Most Successful Women by Warfield's Business Record.

DRIVER'S EDUCATION

Ten Sessions

\$395

Saturdays and Sundays

April 14, 15, 21, 22, 28, 29, May 5, 6, May 12, 19

1:00 - 4:15 pm

(For young people ages 15 - 18)

Patrick Francis

Learning to drive is one of the most exciting milestones of a teenager's life – but safe driving must be taught. Our highly qualified instructor from Roland Park Driving School will teach automotive skills in the classroom and behind the wheel. There will be 30 hours of class time at RPCS and six hours on the road. Behind-the-wheel time will be scheduled directly with Mr. Francis at the conclusion of the classroom part of the program. A learner's permit is required for the driving portion of the program, and you must be 15 years old to take this class and 15 years 9 months to take the test to get a learner's permit. Arrangements may be made with students living in the local area to be picked up from your home or school for the behind-the-wheel portion of the program.

NOTE: Please bring a notebook, pen and drink to class with you each day.



Before starting Roland Park Driving School, Patrick Francis worked for years in the driver's education business. He also offers

classes on the effects of alcohol on driving and driving improvement courses at his Rotunda location. His calm, patient manner with students in the car has helped hundreds of students obtain their driver's license.

DRUGS 101

One Session

\$30

Tuesday, May 8

6:30 - 7:30 pm

Susan P. Byrnes Health Education Center

This program seeks to educate parents and help guard against the various forms of drugs and peer pressures facing children. The presenters will use a power point presentation, "live" role play and visual props during this customized program. As a parent, you will view a mock bedroom of a teenage drug user, identify over 70 trendy indicators of drug use, discover how teens are hiding drugs, observe "live" role

playing to initiate conversations with your children, and obtain drug related materials and resources. You will learn through factual information how drugs affect the body, and the damage they cause. This course will facilitate communication between you and your teen regarding drug use. This is a class you do not want to fail!

Susan P. Byrnes Health Education Center was created through the passion that education is the key to a healthier community. They are dedicated to keeping people well.

THE ENVIRONMENTAL SCIENCE SUMMER RESEARCH EXPERIENCE FOR YOUNG WOMEN (E.S.S.R.E.) For Girls who have completed 9th grade

One three-week program

July 9 - 27

9:00 am - 4:00 pm

Now in its 13th year, E.S.S.R.E. is a unique, nationally recognized three-week research internship available to high school girls from the great Baltimore area. Participants explore the soil chemistry and organisms of the Roland Park woodland campus, engage in self-directed field research and learn a wide range of general research skills such as statistical analyses and writing peer-reviewed scientific papers. Working in research teams, the interns also learn how to author lab activities for studying soil ecology in other settings and they design web pages to disseminate these labs via the program's website. For their time and training, each intern receives a small stipend of \$500.

To learn more about the program, visit www.rpcs.org/essre, and if interested in applying, contact the Project Director, David Brock, at brockd@rpcs.org. Prerequisites include a year of high school biology or environmental science with a grade of "B" or better, successful completion of the ninth grade, and a letter of nomination from a science teacher. Deadline for applying is 2/1/2012. Space in the program is limited.

NOTE: Do not use the *Kaleidoscope* registration form to apply for this program. Acceptance to E.S.S.R.E. is highly competitive and requires a separate application submitted through the Program Director.

THE RPCS ONLINE SCHOOL

Complete your course requirements for graduation on your laptop

Through these accredited online courses, students will improve their academic and technological abilities while developing personal skills needed to succeed in the 21st Century.

Full Year Course: \$1,000

UNITED STATES HISTORY 1 credit

This course surveys the history of the United States from colonial times to the post-Cold War II era. Analytical papers, essay tests and extensive reading, including primary sources comprise this course

FRENCH I 1 credit

This beginning level course is designed for those students who have had little or no French. Students learn the present tense, including the command form, of regular and irregular verbs; the passé composé; the alphabet and numbers; time; adjectives and adjective agreement; and vocabulary related to school, family, the home, shopping, eating, and travel. Assessment is based on the students' performances in the four areas of speaking, listening reading, and writing.

NOTE: Interested students should contact OnLineSchool@rpcs.org for an application.

NOTES

JANUARY

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

FEBRUARY

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29			

MARCH

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
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25	26	27	28	29	30	31

APRIL

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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

MAY

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6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

JUNE

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
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17	18	19	20	21	22	23
24	25	26	27	28	29	30

REGISTRATION

Registrations are processed on a first-received basis. Since class sizes are limited, prompt registration is recommended to avoid disappointment. To register, send the attached form with a check made payable to *Roland Park Country School*, or provide us with your credit card information (MasterCard and VISA.) Additionally, please list the program(s) you are registering for in the memo section of your check. **FULL PAYMENT IS REQUIRED AT THE TIME OF REGISTRATION.** Course confirmation is provided upon registration.

CANCELLATIONS

RPCS reserves the right to cancel or adjust any program that does not meet the minimum designated enrollment. *Kaleidoscope* programs will be postponed or cancelled whenever RPCS closes early or closes for the day for inclement weather. Programs will be held when school opens late. When feasible, an alternate date will be scheduled for the cancelled class. Please be sure to call the School at **410-323-5500, ext. 3045** for information regarding all program changes. All sales are final on Diversions trips.

NOTE: RPCS does not follow the same closing policies as the Baltimore City Schools.

REFUNDS AND FEES

A full refund will be made when a program is cancelled, unless otherwise noted.

Refunds - less a \$15 charge for handling - will be given for cancellations up to two weeks before the beginning of a program. There will be no refunds for cancellations within two weeks of the start of a program. Please note that some programs may have special cancellation policies. A \$25 fee will be assessed if a check is returned by the bank.

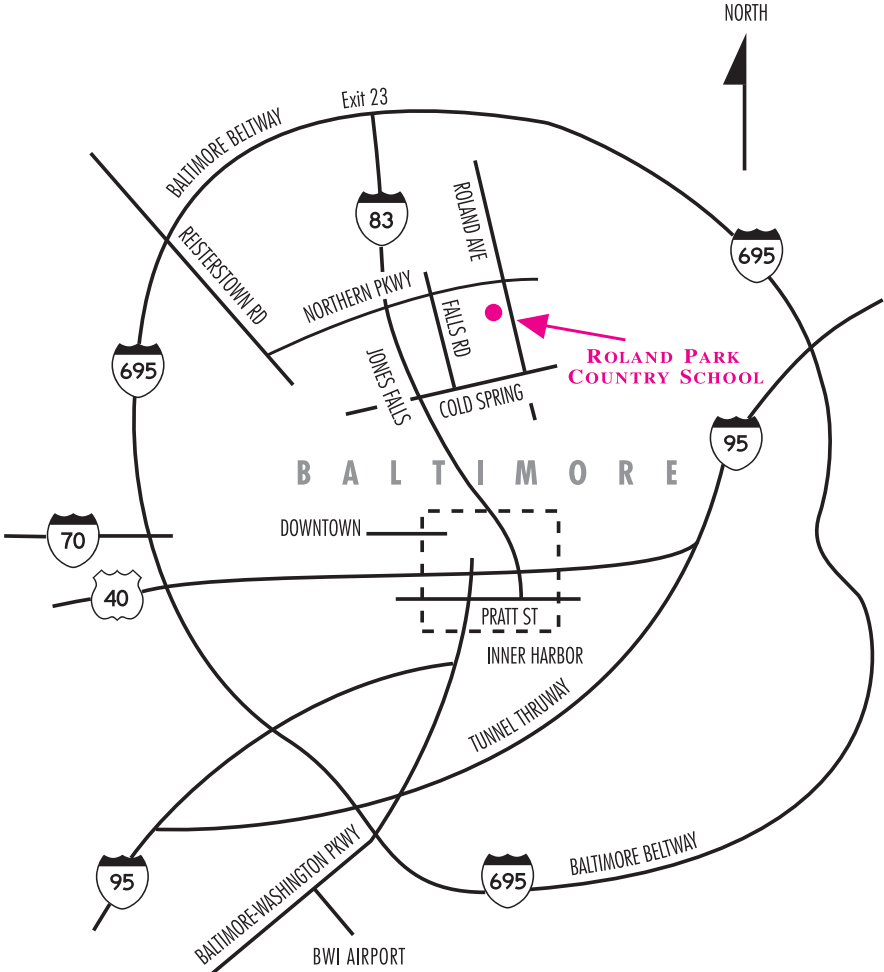
CLASS LOCATIONS

Please enter through the Harris Center main entrance, which is near the flag pole. Room assignments for programs will be posted in the Harris Center on the first meeting of class. Please sign in on arrival.

PARKING

Free parking is available on the RPCS well-lit parking lot and on streets surrounding the campus. Please note, however, that numbered parking spaces on campus are reserved for employee use only, Monday through Friday from 7:30 am until 5:00 pm. After 5:00 pm, you may choose any space. Handicapped parking spaces are marked.

All programs are held on the RPCS campus, unless otherwise noted.





REGISTRATION FORM

Please Print:

Name _____

Address _____

City _____ State _____ Zip _____

Home Phone _____

Work Phone _____

Cell Phone _____

Email Address _____

(To be used only for class confirmation)

Age of registrant if under 18 _____ Birthdate _____

Course Title	Program # (if applicable)	Cost
Total Cost		

*Materials fees are paid to the Instructor on the first meeting of class.

Special Lunch Requirement: _____
(if applicable)

Please mail this form with payment to:

Roland Park Country School
Office of External Programs
5204 Roland Avenue
Baltimore, Maryland 21210

Or call with credit card information, 410-323-5500 ext. 3091

FORM OF PAYMENT

Check MasterCard VISA

Name on Card _____

Credit Card # _____

Date of Exp. _____

Signature _____